

PSLSC MEMBER NEWSLETTER

18th April 2025

HAPPY EASTER

Despite the wild weather, we hope you're all making the most of the long weekend and enjoying some welldeserved quality time with friends and whānau.

It was wonderful to see so many of you at our Volunteer Celebration last week. We hope you enjoyed the relaxed evening - it was full of good vibes, great company, and some seriously tasty food. It was a fantastic way to wrap up another epic season together.

Things are naturally a little quieter around the club at the moment as we shift gears between the summer and winter seasons. We hope you're all making the most of the downtime, unless you're prepping for pool rescue, in which case we hope you're smashing out those swim sessions!

There are a few key dates coming up, so make sure you pop them in your calendar...



END OF SEASON Club Clean Up





U 9am – 12pm

Lunch & good company provided!

Nany hands make light work

2024CLUB2025AWARDSpapamon surf clubSAVE23 MAYTHE2025DATE6PM

LIFEGUARDING

Big Congratulations to Our Newest Lifeguards!

Our final lifeguard award for the season took place earlier this month, and we're stoked to welcome a fresh crew of qualified lifeguards to the team.



Congratulations to: Matt Ropati, Toby Bowling, Holly Murphy, Camella Botha, Jade Murphy (*not pictured*) *and* Colette McCartney (*not pictured*).

These awesome recruits passed their award in some seriously challenging conditions at Pāpāmoa - no easy feat! A huge thank you to Mason Bollee, Jamie Mardon, and Zac Cairns for giving up their time to support the group and provide water safety during the exam. Your help makes all the difference.

SURF SPORT

Gold Coast Action Recap – Australian Nationals 2025

Earlier this month, a small but mighty crew of Pāpāmoa athletes headed across the ditch to take on the world's best at the 2025 Australian National Championships on the Gold Coast - and what a performance they delivered! We're incredibly proud of the grit, determination, and sportsmanship shown by this team on one of surf lifesaving's biggest international stages.

Huge congratulations to our team:

Ellie Davis, Sean Leach, Lockie Cairns, Amelie Pearson, Bella Davoren, Georgia Davoren, Trelise Chote, and Naomi Davoren.

You gave it everything and represented Pāpāmoa with pride!









Podium Results

- Naomi Davoren Gold, Masters F Surf Race
- Bella Davoren Bronze, U17 F 2km Ocean Swim
- Naomi Davoren Bronze, Masters F 2km Ocean Swim

Finals Appearances

- Amelie Pearson U17 F Surf Race Final
- Bella Davoren U17 F Surf Race Final & Ironwoman Final
- Georgia Davoren U17 F Single Ski Final
- Trelise Chote U19 F Surf Race Final
- Bella, Georgia & Amelie U17 F Taplin Relay Final
- Amelie, Georgia & Trelise U19 F Single Ski Relay Final
- Trelise, Amelie, Georgia & Bella U19 Rescue Tube Rescue Final
- Georgia, Trelise, Bella & Amelie U19 Surf Teams Final

Special Thanks

A heartfelt thank you to everyone who supported this campaign - from fundraising efforts to behind-the-scenes help.

Shoutout to:

Scales Logistics – for transporting our gear safely to and from the Gold Coast <u>Nutrikiwi</u> – for keeping our team supported (and shaded!) at the beach Coach Jake Cowdrey – for your expert guidance, passion, and unwavering support throughout





We are beyond proud to celebrate FOUR of our incredible athletes who have been selected for the SLSNZ Youth High Performance Squad for 2025/2026! Their hard work, dedication, and passion for surf sport continue to open up opportunities and the High Performance Squad is where future NZ reps are shaped. These athletes consistently represent Pāpāmoa with pride, and we can't wait to see where this journey take them.

POOL RESCUE

Registrations Opening Soon!

For those keen to keep training and competing through the winter, Pool Rescue kicks off in June. It's a great way to stay active and build some epic surf sport skills while the ocean cools down. Training and competition details are now live on our website – <u>CLICK HERE</u> to check them out! Registrations will open on June 1st, so keep an eye on the Facebook group pages for updates.

Our Pool Rescue Programme helps members gear up for the Surf Life Saving New Zealand National Pool Rescue Championships and other regional events. These events are held indoors over winter and include some seriously cool challenges like:

- Tube rescues
- Object recovery
- Underwater swims
- Obstacle swimming
- Individual and team racing formats

It's a fun, fast-paced environment focused on improving technique, teamwork, and confidence.

Top Tip: To get the most out of the programme, athletes are encouraged to also be part of an external swim squad to complement their training.







Thank you to our sponsors below who make all our programmes possible.





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