

# 2025-26 ROOKIES CALENDAR

2025	
November 16 10am – 12pm	Clubhouse and Equipment Induction, SLSNZ & Club Structure
November 23 10am – 12pm	Role of a Lifeguard and Patrolling, Health-SunSmart-Conservation
November 30 10am – 12pm	Primary Survey and CPR
December 7 10am – 12pm	Flags, Signals & Radio Operation
December 14 10am – 12pm	Surf and Swimming Skills – Let's take an empty IRB for a swim!!
2026	
January 11 10am – 12pm	<i>Rookies Lite – BOP Carnival</i>
January 18 10am – 12pm	CPR & First Aid
January 25 10am – 12pm	First Aid & Emergency Care Module (note: Auckland Anniversary Weekend)
February 1 10am – 12pm	<i>Rookies Lite – Eastern Region Junior Carnival</i>
February 8 10am – 12pm	Rescues, Releases and Tube Rescues
February 15 10am – 12pm	Rookies' vs Masters Mystery Challenge !!!!!
February 22 10am – 12pm	<i>Rookies Lite – Oceans 2025</i>
March 1 10am – 12pm	Radios & Signals
March 8 10am – 12pm	Rookies Challenge Practise, CPR, Radio usage, First Aid, Signals
March 15 10am - 12pm	<b>Rookies help with PSLSC Junior Surf Club Champs</b>
March 21 TBA	Rookies Challenge!