

# NT149-21 National Operations Circular – Safety, Welfare & Risk

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**Date:** 17/09/21

**To:** All Members

**From:** National Wellbeing Lead

**Description:** Peer Support Training – Applications Open

**Action Requested:** Distribute and Promote to all Club Members

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## What is happening?

SLSNZ is rolling out peer support training to Eastern, Southern and Central region from October to early December for new peer supporters and is currently seeking applications from these regions. Northern Region course applications have closed for 2021. Peer Supporters are specially trained SLSNZ members who can provide support to their fellow members on a range of issues including mental health concerns, bullying, stress and traumatic incidents. The training will be delivered by the National Wellbeing Lead, Ari Peach.

## Why is it happening?

SLSNZ has identified a need for peer supporters to be trained around the country to ensure our members are well supported in all aspects of Surf Life Saving. The goal for SLSNZ is to have one or two peer supporters at every club throughout the country.

## When is it happening?

The two day training weekends are being delivered from October to December.

## What does it mean to me?

Do you think you will make a good peer supporter? We are looking for members that have a strong desire to support their peers in surf lifesaving and have demonstrated that they are trustworthy and approachable. SLSNZ will provide you all the training to be a qualified peer supporter so no formal mental health qualifications are needed to apply.

For further information, including applications and course dates [click here](#)

Please direct any questions to;

Ari Peach

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