



Papamoa

SURF LIFE SAVING CLUB

PSLSC MEMBER NEWSLETTER 30th September 2021



FROM THE CHAIR

Ross Merrett, Chair Pāpāmoa Surf Life Saving Club

Nau mai haeri mai
Welcome to the 2021-22 season

Our lifeguards are back on the beach in just 3 weeks!! Preparation has been underway for some months by committees and volunteers to ensure we make the most of the season ahead. Thanks to all our club volunteers and staff for their efforts over the winter months.

Covid restrictions have created some delays to both preparation and use of the club, so we are playing catch up. Please consider helping out our awesome committees in the work they do to support our members and in particular our kids.

Look forward to seeing you out on the beach.

2021/2022 SEASON OPEN DAY



DATE: Sunday 17th October 2021

TIME: 1.30pm - 5pm

LOCATION: Our new clubhouse

Come along and register for the season

Talk to members about
Lifeguarding Rookies Surf Sports
Ocean Athletes Junior Surf

Take a tour of our new world-class facilities

NEW SEASON UPDATES



Our New Clubhouse

No doubt many of you will have seen our stunning new clubhouse from the outside and are desperate to take a look inside and get your hands on all the great new gear and facilities.

The committees are working hard to establish opportunities to introduce and induct members into our new facilities so **watch this space**. Please avoid entering operational areas of the facility until you have received a guided tour and/or an induction.

Club Nights

With the new facility comes new opportunities, including club nights. Initially club nights will be fortnightly and move to weekly in the summer season. Members will have access to the club bar and we are hoping to bring in different food trucks each week. A BBQ will be available to use so feel free to bring your own food to cook or grab some fish and chips from across the road. We are now a licensed premises so you **cannot** BYO drinks, these can be purchased at the club bar at club prices.



Club nights start Friday 1st October from 5pm til late

Community Associate Membership – NEW FOR THIS SEASON

This year we are introducing a new membership called Community Associate Membership. For \$50 for the season, community members will be able to attend club nights and other club events. They will be able to access the club for drinks when club sessions are running, such as Sunday mornings during Junior Surf.

To become a community associate member, please [click here](#) to register on the website, and why not come along to our first club night this Friday 1st October.

Welcome New Staff

To help ensure we can support our members and other potential users of our club, we have recently appointed two new part time staff to assist Nikki Heatley, our Administration Manager. These appointments are Steph Mardon as our Administration Assistant and Rebecca Silvester, our Communications Officer. Welcome aboard Steph and Rebecca. Both Steph and Rebecca are clubbies with children at the club, so you may already know of the great work these individuals do as volunteers.

Covid Level 2 – what does it mean for us?

Club gatherings have been limited meaning club nights and other functions have not been able to proceed as planned during August and September. However, with the increase to 100 people in any single location, opportunities to meet in larger groups is now possible.

Remember these 5 simple rules around the club please:

- if you have flu like symptoms or feel unwell - please stay away from the club and all club activities
- scan or sign in upon arrival
- maintain social/physical distancing (at least 1m) at all times, particularly indoors
- if meeting indoors, keep the room well ventilated
- limit the number of members using our closed in spaces at any one time, e.g. showers/changing/training rooms

LIFEGUARDING

All lifeguards must complete a refresher each season to make sure we are up to date, to 'refresh' our memory and learn about any changes. This includes both theory and practical courses.



Theory Refreshers

Click [here](#) to visit our website and complete the theory course. A club laptop will be made available during the practical refreshers if the theory refresher is unable to be completed at home.

Practical Refreshers

Practical refreshers will be held in October for CPR, first aid, run-swim-run and tube rescue. Keep an eye on the [Lifeguarding facebook group page](#) for updates.



New Courses

VHF course to be held on 13th & 14th November email info@papamoalifeguards.co.nz to confirm your place on the course.

First Aid Level 2 – these will start up as soon as we move to Covid alert level 1.

Lifeguard Award courses – the first course is underway with the exam taking place on 16th October. More lifeguard award courses will be available later in the year.

Patrols

The Lifeguard Committee have started contacting members via phone, email and messenger to talk about the patrol season. Please take the time to complete the patrol survey online via the [Lifeguarding facebook group page](#).



ROOKIES

The new Rookie season kicks off on 7th November at 10am with new instructors Marama Mateparae and Andrew King. The course is open for 12 and 13 year olds (as at 1st October). There is no charge for this programme.

Our Rookies Programme provides a vital bridge between Junior Surf and Senior Lifeguarding. It is an educational programme that introduces children to a higher level of lifeguarding skills such as first aid, CPR, communication (radio and other) and patrolling. Ultimately, growing them into our lifeguards of the future.

Pre-requisites:

- Be able to swim 200m in a pool in under 4mins 50secs
- Be a member of PSLSC
- Be able to participate in four weekend patrols to accumulate at least 12 hours of lifeguarding experience

[Click here](#) to register for Rookies

Note: please tick the junior surf box if you are already a junior surf member.

Rookies introduction/registration meeting Tuesday 5th October at 5pm

Eves Hot Pink Walk

To support our sponsor, Eves, our Rookies are required to help marshal the annual Eves Hot Pink Walk taking place on Wednesday 20th October at 5.30pm.

We require 15 Rookies to help marshal this event. So dust off your uniform and sign up for a fun evening. The Rookies will need to be accompanied by an adult.

The Breast Cancer Support Service Tauranga Trust supports workers who have been through breast cancer. The Hot Pink Walk aims to fundraise and raise awareness of breast cancer.



OCEAN DEVELOPMENT

The Ocean Development Programme is for the under 9 and above age groups who are attending Junior Surf on Sundays and looking to develop the skills required to be involved in the Ocean Athletes Programme.



OCEAN ATHLETES

Our Ocean Athletes Programme is for all 10-13 year olds (as of the 1st October) looking to extend the skills developed in our Junior Surf Programme and to compete at Oceans 2022 in February 2022. During Ocean Athletes, participants will learn and develop a variety of skills including beach, surf swim and board.

For more details about our Ocean Programmes,
email oceans@papamoalifeguards.co.nz or [click here](#) to visit our website.



JUNIOR SURF

Welcome to the 2021/2022 Pāpāmoa Junior Surf Season

Everything is ready for our most successful Junior Surf season yet.
Our new world-class clubhouse has lots of space, new gear
and we can't wait to see you all on the beach!!

We are always looking for volunteers to

- coach (no experience necessary, training support provided)
- help with the bbq
- join the committee

We will also need support with our big season open day on October 17th, promoting our club to the wider community and encouraging more members to join.

If you would like to volunteer or find out more about what is involved, email info@papamoalifeguards.co.nz or [click here](#) to visit our website.



2021/2022 Junior Surf Season Calendar

Re-registrations	Open now	Invoices have been sent out
New Registrations Open	Friday 1 st October	Visit www.papamoalifeguards.co.nz to register online
Pāpāmoa Surf Club Open Day	Sunday 17 th October 1.30pm - 5pm At the Pāpāmoa Surf Club	Register for the season Existing members will be on hand to talk about Junior Surf, Oceans Athletes, Rookies, Surf Sports, Lifeguarding and our new community membership
Last day for 2021	Sunday 19 th December	Santa will arrive in style!
First day for 2022	Sunday 9 th January	Welcome back to the beach
Junior Surf Carnival	Sunday 23 rd January	Clubs from across the Eastern Region are invited to compete against their fellow Junior Surf athletes For under 8s and above
Club Champs and last day of the season	Sunday 6 th March	A highlight of the season for our Nippers to earn medals and showcase what they've learnt throughout the season



2021/2022 Carnivals & Events

Eastern Region Pool Champs Rotorua	Saturday 9 th October Seniors & Masters Sunday 10 th October Under 11s/12s/13s/14s	The Surf Sport season begins for the Eastern Region with their annual pool championships
National Pool Champs Hamilton	Friday 29 th to Sunday 31 st October	The first national Surf Sports event for the season
Omanu Carnival Omanu	Sunday 28 th November	First Eastern Regional carnival of the season for under 8s and above
BOP Champs Ohope	Sunday 12 th December	Eastern Regional carnival for under 8s and above
Pāpāmoa Junior Surf Carnival Pāpāmoa	Sunday 23 rd January	Eastern Regional carnival for under 8s and above An opportunity to showcase our new club!
Eastern Regional Champs Waihi	Saturday 12 th & Sunday 13 th February	The first big event of the season for our Ocean Athletes For under 10s and above
Oceans 2022 Mount Maunganui	Thursday 24 th to Sunday 27 th February	The largest Junior Surf Life Saving event in New Zealand for Ocean Athletes For under 10s and above
Pāpāmoa Club Champs Pāpāmoa	Sunday 6 th March	A highlight of the season for our Nippers to earn medals and showcase what they've learnt throughout the season

Thank you to all our sponsors



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