



# Papamoa

**SURF LIFE SAVING CLUB**

## PSLSC MEMBER NEWSLETTER

14th October 2021

### WELCOME

A warm welcome to our new members and families who have joined up for the 2021/2022 season and welcome back to our existing clubbies. If you have not signed up yet, please [click here](#) to register on our website.

With the new state of the art facility complete, we are set to have one of our most successful seasons to date.

Our lifeguards are back on the beach on Labour weekend, 23rd October. Please join us for a beach blessing by Nga Potiki at 8am followed by a club breakfast and lifeguarding practical refreshers.

## PAPAMOA SLSC COMMUNITY OPEN DAY

**Sunday 17th October 2021**  
**1.30pm - 5pm**

### Guided Tours

You've seen our amazing new surf club from the outside – now's your chance to take a look inside the building and see your lifeguards in action.

Take a guided tour of our brand new function spaces available to hire, and learn about the different parts of the club.

**Guided tours every half hour from 1.30pm**  
**Last tour 4.30pm**  
**25 people per group**





## Lifeguards in Action

2pm - 3pm

See our ocean athletes in the water

3pm - 4pm

Watch lifeguards perform simulated rescues

Throughout the Day

Junior Surf coaches and nippers will be having fun on the beach so come along and join in and don't miss out on the free sausage sizzle!

## Register for the Season

Registrations will be open for families interested in joining Junior Surf.

Registrations for our new community membership will also be available for those keen on supporting the club and enjoying the stunning beach front facilities throughout the season.



## NEXT CLUB NIGHT

Join your surf club friends for the next club night on Friday 22nd October. Members will have access to the club bar. A BBQ will be available to use so feel free to bring your own food to cook, or grab some fish and chips from across the road. We are now a licensed premises so you cannot BYO drinks, these can be purchased at the club bar at club prices.

**Club night Friday 22nd October from 5pm**



## PAPAMO A CLINCHES SILVER

After a well fought battle against our closest rivals, Pāpāmoa SLSC came away with 2nd overall in the Eastern Regional Pool Rescue Championships at the weekend.

Moving up the table from 3rd overall last year, the Pāpāmoa team proved they are one to watch as we head into the summer season.

Our Master's team (aged 30+) won their division, our Seniors (aged 14-29) achieved third and our juniors (aged 10-13) placed second – **a huge congratulations to everyone who competed.**

Despite weeks of uncertainty around whether the event would run, our athletes remained committed to their training and the team. 55 of our clubbies travelled to Rotorua to compete against other clubs from the Bay of Plenty, Coromandel and Gisborne, and achieved some fantastic individual and team results. This level of dedication, along with the support of Bartlett Swim School, resulted in an extremely successful weekend.

Thank you to the officials, team managers, timekeepers, water crew and Jackson Edwards (event organiser). The time and tremendous effort put in by these people cannot be overstated.



Points		
#	Club	Pts
1st	MMLS	253.00
2nd	Papamoa	216.00
3rd	Omanu	214.00
4th	Whakatane	72.00
5th	Midway	36.00
6th	Whangamata	32.00
7th	Waikanae	29.00
8th	Opotiki	13.00
9th	Waihi Beach LGS	10.00

## LIFEGUARDING

Our season starts on Saturday 23rd October and the lifeguard committee has been busy in the background getting things sorted. Thank you for your patience while we finalise the roster and patrol teams. We all look forward to the season starting and can't wait to hit the beach at Labour weekend.



### New Lifeguards and Patrol Supports

We have 11 members sitting their Lifeguard Award or Patrol Support Award on Saturday – good luck and have fun, we look forward to you joining us on patrol soon!

### Roster and Patrol Teams

The roster and patrol teams will be released by the end of this week. Please keep an eye out on the **Lifeguards Facebook group page**. There will also be printed copies available at the club on the opening weekend and via Google Drive so you can retrieve it online anytime.

### Refreshers

Our first lot of refreshers will start on Saturday 23<sup>rd</sup> October after the blessing and breakfast at the club. For the refresher you will need to complete the online theory test, demonstrate CPR using DRSABCD, do a tube rescue and recovery position, and a run-swim-run.

### Patrol Captain/DPC/Senior Guard Briefing

There will be a briefing and induction at the club on Saturday 23<sup>rd</sup> from 3pm-4pm, after which the club bar will be open. Please come along for a quick season briefing, a walkthrough of the operational area downstairs and a talk about our patrol season. This is open to PC, DPC, IRB Drivers and Senior lifeguards of your patrol.

### Risk Assessment/Management

Operational Risk Assessments (ORA) are required prior to the commencement of all club operational activities including lifeguard patrols and training, senior surf sport training and events, Rookie and junior surf training and events. Training on the use of the SLSNZ ORA APP will take place on Tuesday 26th October from 6pm-8.30pm. **Free pizza and drinks will be provided for registered attendees.** All PCs, Deputy PCs, Coaches, SAR Squad members and any other person with club health and safety responsibilities should attend. Please RSVP by email to [admin@papamoalifeguards.co.nz](mailto:admin@papamoalifeguards.co.nz) with your first and last names, mobile number, individual email and any special dietary requirements.



## OPERATIONS CIRCULARS

Keep up to date with the latest guidelines from Surf Life Saving New Zealand.  
[Click here](#) to view the Operations Circulars page on our website.

### Recently added:

- Guidelines for safe practice of CPR while in alert level 2
- Safety, welfare and risk peer support training

## ROOKIES

The Rookie season kicks off on 7th November with new instructors Marama Mateparae and Andrew King, and concludes with the Rookies Challenge on 2nd April 2022.

The programme is for 12 and 13 year olds (as at 1st October) and there is no charge.

The aim of the programme is to grow an understanding about many aspects of Surf Club operations, the ocean environment, as well as first aid and lifeguarding skills. It is not a competitive activity, and the children are required to work in pairs and teams most of the time to support one another. Each session will run from 10am-12pm with a theme related to surf lifesaving, a short basic first aid session, a lifeguard component, and water activities.



### New Rookie Coaches for 2021/2022

"Kia ora. My name is Andrew King and I have been a Lifeguard at Pāpāmoa Surf Life Saving Club since 2015, served on the Board for two years, and have supported Junior Surf and Rookies in the past, with my three children participating. I am a teacher by trade and am currently the Principal at Oropi School. I look forward to working with you and your son/daughter."

"Kia ora. My name is Marama Mateparae. Our whanau is new to surf lifesaving, joining Pāpāmoa Surf Life Saving Club last year, when I became a Lifeguard. My son, Sam, was a Rookie last year and is looking forward to becoming a Lifeguard when he turns 14 next year. My daughter, Billie, will join Rookies next year. I'm looking forward to getting to know all the new Rookies and hope they'll enjoy the programme."



[Click here](#) to register for Rookies  
Join our Facebook group page [Papamoa SLSC Rookies](#)



# SENIOR SURF SPORTS

Our new summer programme kicks off on Monday 18th October.

Block 2 runs from 18th October - 24th December:

Monday Ski 5:30pm - 6:30pm

Tuesday Board 5:30pm - 6:30pm

Wednesday Iron 5:30pm - 6:30pm

Thursday Board 5:30pm - 6:30pm

Friday Ski 5:30pm - 6:30pm

Saturday Iron 9:00am - 10:30am

## 2021/2022 Senior Surf Sports Season Calendar

<b>Spring Series No. 1</b> Mount - Pāpāmoa	Saturday 6 <sup>th</sup> November	The first pre-season race for our senior athletes to compete against others in the Eastern Region
<b>Spring Series No. 2</b> Mount - Pāpāmoa	Saturday 20 <sup>th</sup> November	The second pre-season race for our senior athletes aged 14 years and above
<b>Whangamata Classic</b> Whangamata	Saturday 4 <sup>th</sup> December	The first big competition of the season for clubs from the Eastern and Northern regions
<b>Mount Monster</b> Mount Maunganui	Saturday 11 <sup>th</sup> December	A long-distance endurance race
<b>BOP Senior Champs</b> Pāpāmoa	Saturday 15 <sup>th</sup> & Sunday 16 <sup>th</sup> January	The Bay of Plenty Championships for athletes to compete against local clubs
<b>Eastern Regional Champs</b> Mount Maunganui	Friday 28 <sup>th</sup> to Sunday 30 <sup>th</sup> January	A big local event for our athletes to compete against other clubs in the region
<b>TSB Nationals</b> Christchurch	Thursday 10 <sup>th</sup> to Sunday 13 <sup>th</sup> March	The largest Surf Lifesaving event in New Zealand for our senior athletes





## JUNIOR SURF

The Junior Surf season kicks off on Sunday 7th November and as long as we stay at level 2, there are no Covid restrictions on numbers outdoors. We would still like to encourage social distancing and mask wearing for those over 12 years old. For more information on the SLSNZ Covid guidelines [click here](#).

### Coaches Needed

We still require coaches for our under 7 and under 8 age groups. It's a really great way to give back to your club and have fun on the beach with your kids and their friends. No experience is needed and training will be provided before the season starts. So please consider putting your hand up and helping out for the season ahead.

To volunteer or for more information please email [admin@papamoalifeguards.co.nz](mailto:admin@papamoalifeguards.co.nz)



### Uniform Requirements

All Junior Surf participants are required to wear a club beanie and long-sleeved rash shirt (or high vis singlet if the child has their 200m badge). Uniforms can be ordered via the website – [click here](#).

Uniforms will be available to try on and buy at the Community Open Day on 17th October. For those who have already ordered uniform items, these can be collected at the Open Day.

### 200m Safety Badge Testing

**Bartlett's Swim School**  
**30th October and 20th November**  
**2pm-3pm**  
**No need to book in, just turn up**



All under 9 Junior Surf participants who wish to paddle foam boards (also called knee boards) are required to complete a 200m safety badge test before the start of each season. For those who do not have the badge, they can still partake in other water activities including body boarding.

For the under 10 and above age groups, if they do not have the 200m badge they will be required to join the under 9 age group during water activities.

To complete the badge, participants must swim 200m in a pool unaided in under 7 minutes, followed by 1 minute of treading water unaided.

Members of either Bartlett's Swim School or the Pāpāmoa Swimming Club can ask their instructor to assess them and give them a certificate of completion. A scanned or photographed copy of this can be emailed to [info@papamoalifeguards.co.nz](mailto:info@papamoalifeguards.co.nz).

*Please note that the 200m safety badge needs to be completed at the start of each season.*



## Board Fundamentals

In the lead up to the start of Junior Surf, we will be running two knee board sessions at Pilot Bay. These sessions will focus on the fundamentals of paddling boards and will give participants the foundations needed to develop more advanced skills once the Junior Surf season starts.

The sessions are aimed at new or novice paddlers in the under 9 – under 14 age groups.

For more information or to register [click here](#).

## Christmas Party – SAVE THE DATE

Sunday 19th December is set to be a big day on the Junior Surf Calendar. There will be a visit from Santa, which is always a big hit with the kids, followed by a Christmas lunch for all the families.

Refreshments will be available from the club bar and a BBQ will be available to use so feel free to bring your own food to cook or grab some fish and chips from across the road.



## 2021/2022 Junior Surf Season Calendar

<b>Registrations</b>	Open now	Visit <a href="http://www.papamoalifeguards.co.nz">www.papamoalifeguards.co.nz</a> to register online
<b>Pāpāmoa Surf Club Open Day</b>	Sunday 17 <sup>th</sup> October 1.30pm - 5pm At the Pāpāmoa Surf Club	Register for the season  Existing members will be on hand to talk about Junior Surf, Oceans Athletes, Rookies, Surf Sports, Lifeguarding and our new community membership
<b>First day for 2021</b>	Sunday 7 <sup>th</sup> November	Welcome to the new season
<b>Last day for 2021</b>	Sunday 19 <sup>th</sup> December	Santa will arrive in style!
<b>First day for 2022</b>	Sunday 9 <sup>th</sup> January	Welcome back to the beach
<b>Junior Surf Carnival</b>	Sunday 23 <sup>rd</sup> January	Clubs from across the Eastern Region are invited to compete against their fellow Junior Surf athletes  For under 8s and above
<b>Club Champs Last day of the season</b>	Sunday 6 <sup>th</sup> March	A highlight of the season for our Nippers to earn medals and showcase what they've learnt throughout the season





## 2021/2022 Junior Carnivals & Events

<b>Omanu Carnival</b> Omanu	Sunday 28 <sup>th</sup> November	First Eastern Regional carnival of the season for under 8s and above
<b>BOP Champs</b> Ohope	Sunday 12 <sup>th</sup> December	Eastern Regional carnival for under 8s and above
<b>Pāpāmoa Junior Surf Carnival</b> Pāpāmoa	Sunday 23 <sup>rd</sup> January	Eastern Regional carnival for under 8s and above An opportunity to showcase our new club!
<b>Eastern Regional Champs</b> Waihi	Saturday 12 <sup>th</sup> & Sunday 13 <sup>th</sup> February	The first big event of the season for our Ocean Athletes For under 10s and above
<b>Oceans 2022</b> Mount Maunganui	Thursday 24 <sup>th</sup> to Sunday 27 <sup>th</sup> February	The largest Junior Surf Life Saving event in New Zealand for Ocean Athletes For under 10s and above
<b>Pāpāmoa Club Champs</b> Pāpāmoa	Sunday 6 <sup>th</sup> March	A highlight of the season for our Nippers to earn medals and showcase what they've learnt throughout the season

## COVID LEVEL 2

Please remember these five simple rules around the club:

- if you have flu like symptoms or feel unwell - please stay away from the club and all club activities
- scan or sign in upon arrival
- maintain social/physical distancing (at least 1m) at all times, particularly indoors
- if meeting indoors, keep the room well ventilated
- limit the number of members using our closed in spaces at any one time, e.g. showers/changing/training rooms

**Thank you to our sponsors who make all our programmes possible**



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