



# Papamoa

SURF LIFE SAVING CLUB

## PSLSC MEMBER NEWSLETTER

11th November 2021

**THANK YOU** for the ongoing support of our wonderful sponsors CMT Excavations and Eves, who have provided funding for new Sonic knee boards for our club athletes.



Ocean Athletes Sophie Bowling (left) and Charlotte Silvester with two new Sonic knee boards provided by funding from our sponsors CMT Excavations. CMT's ongoing support of our Ocean Athletes Programme is vital to give all our athletes access to club boards during the season.



Rookies Lifeguard Sophie Bowling with the new Sonic rescue board donated by our sponsor Eves. Their ongoing support provides funding for our club and the Rookies Junior Lifeguard Programme.



## CLUB NIGHT

Come along to our next member club night on Friday 19th November. The bar will be open from 5pm, the BBQ will be available and you are welcome to bring your own food.

Currently due to Covid Alert Level 2 we have been advised that members cannot bring guests to club nights. (unless they are dependent children). This is because if there are only members at club night, it is classed as a private gathering and people can move freely within the club. If non-members are present, it is classed as a public event, and everyone has to be seated with table service – this is not how we want to run our club nights.

In the future, once Covid restrictions are lifted, members will be able to bring one guest. However if guests are keen to attend regular club nights, we would like to encourage them to become a Community Member in order to meet the terms and conditions of our lease. Those who wish to become a Community Member, please register on our website – [click here](#).

If you have flu like symptoms or feel unwell, please stay away from the club and all club activities. Please scan or sign in on arrival. Face coverings are recommended for those over 12 years old when not eating or drinking.

## LIFEGUARDING

Our season has got off to a great start but there are still some people who need to complete their refreshers. Lifeguards, please arrange this with your Patrol Captain asap so they can be completed before 1st December. All lifeguards must also complete their theory refresher - [click here](#) to visit our website for more information. Patrol Supports, please also remember to complete your refreshers.

IRB drivers and RWC operators must also complete the IRB and RWC refreshers - please arrange these with either Ryan or Shaun.



## OCEAN DEVELOPMENT

For children aged 8 and above (as of 1st October)  
**9th November 2021 – 6th March 2022**  
Every Tuesday and Thursday 4pm – 5pm  
**At the Papamoa Surf Club**

Our Ocean Development season starts this week **but it's not too late to join!**

The programme is for children aged 8 and above (as of 1st October) who have their 200m safety badge and want to get into the sport side of surf lifesaving or develop their surf skills further.

The Ocean Development Programme is for those children who are attending Junior Surf on Sundays and looking to develop the skills required to be involved in the Ocean Athletes Programme. This transition between Junior Surf and Oceans Athletes primarily focuses on board paddling, safely moving in and out of the surf and an introduction to board racing, as well as elements of beach skills and surf swimming when the conditions allow.

Whilst developing the above skills, our experienced coaches use a framework where participants become familiar with “living” our club values – fun, respect, commitment, encouragement and excellence. This helps them to prepare for the Ocean Athletes Programme, the next step along the pathway to becoming a lifeguard.

For more information on the programme or to sign up, please [click here](#) to visit our website or email [oceans@papamoalifeguards.co.nz](mailto:oceans@papamoalifeguards.co.nz)



## JUNIOR SURF

It was wonderful to get our Junior Surf (JS) season underway last weekend. The weather and the conditions were kind to us and it was great to see kids enjoying the beach and the water.

As long as we stick to the guidelines below, we will be able to continue to run Junior Surf under Covid Alert Level 2.

### Covid Requirements For Junior Surf

Thank you to everyone who followed the guidelines:

- one adult per child in each age group
- one beach access point for each age group
- parents/caregivers must not move between age groups on the beach
- no new registrations will be taken at JS sessions
- JS families can use the downstairs toilets but please maintain social distancing and wear a face covering if over 12 years old
- face coverings are recommended for those over 12 years old
- maintain social distancing
- scan in using the Covid tracer app
- use hand sanitizer located at each age group flag



- if you have flu like symptoms or feel unwell - please stay away from the club and all club activities

## Sunblock

A friendly reminder that we do not have sunblock on the beach at JS so please make sure you sunblock your kids before you arrive and bring sunblock with you.



## Junior Surf Sessions

Please remember that due to the Covid 100 person limit, we are running two separate JS sessions this season:

**Under 6s, under 7s and under 8s**  
**9am-10am**

**Under 9s and above**  
**10.30am-12pm**

We'd like to ask the families in the 9am – 10am session to please leave their age group area as quickly as possible to allow the next group to come in. If you would like to remain on the beach, please move away from the JS areas and ensure your kids take off their JS rash shirt and beanie. Thank you for your cooperation.

## Uniform Requirements

All JS participants are required to wear a club beanie and long-sleeved rash shirt (or high vis singlet if the child has their 200m badge).

Uniforms can be ordered via the website – [click here](#).

Uniforms CANNOT be collected at JS sessions. Please order online and collect during the office opening hours of 9am - 2pm Monday - Friday from the main office upstairs.





**200m Safety Badge Testing**  
Bartlett's Swim School  
20th November  
2pm-3pm  
For under 10s and above and Rookies

**No need to book in, just turn up**

*Please adhere to Bartlett's Covid guidelines of entry through the main door and exit through the side door. Everyone over the age of 12 must wear a face covering. Please scan in using the Covid tracer app.*

[Click here](#) for more information

**Covid restrictions and guidelines may change in the coming weeks, so please keep an eye on our [Junior Surf Facebook page](#) for updates.**



## COVID LEVEL 2

- if you have flu like symptoms or feel unwell - please stay away from the club and all club activities
- scan or sign in upon arrival
- maintain social distancing (at least 1m) at all times, particularly indoors
- if meeting indoors, keep the room well ventilated
- we recommend that those over the age of 12 wear a face covering
- limit the number of members using our closed in spaces at any one time, e.g. no more than six members in the downstairs showers/changing rooms at any time

For more information, [click here](#) to visit the SLSNZ website.

Thank you to our sponsors who make all our programmes possible



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