



Papamoa

SURF LIFE SAVING CLUB

PSLSC MEMBER NEWSLETTER

9th December 2021

THANK YOU

We'd like to say a big thank to all our members who have taken the time to upload your My Vaccine Pass to your member profile. If you've not done it yet, [click here](#) to visit our website for everything you need to know about our Covid-19 response.

As a club we are settling into the new Covid-19 Traffic Light Framework and what it means to us being in the orange level. As you know we are now operating as a fully vaccinated facility which means we can carry on with our core business of keeping people safe on the beach. We hope there will be no other big disruptions and we're looking forward to a great season on our wonderful Pāpāmoa coastline.

With vaccination certificates in place, we can also start to enjoy our new club facilities. Remember that club night and race night are running tomorrow night (Friday 10th December) so head on down to the club, enjoy some racing and a catch up with fellow clubbies. Racing starts at 4.30pm and the club bar is open from 5.30pm – see you there!

From the Pāpāmoa SLSC Board

VACCINATION CERTIFICATES

If you haven't already downloaded your My Vaccine Pass from the government website, [click here](#).

To upload your pass to your PSLSC member profile, [click here](#).

Unite
against
COVID-19



RACE & CLUB NIGHTS

Friday 10th December

Friday 17th December

Wednesday 22nd December

Racing starts at 4.30pm and the club bar is open from 5.30pm.
The Big 5 Biltong & Braai food truck will be here or feel free to bring your own food.



Head down to the beach or take a seat on the deck and enjoy watching our talented junior athletes battle it out with their club mates at race night.

Race nights are open for all athletes in the under 8 and above age groups. Race nights will continue after the Christmas break with dates announced in the New Year.

LIFEGUARDING

Refreshers

Thank you to those who have completed their refreshers. Some still need to finish off a couple of tasks (CPR, run-swim-run, tube rescue, online theory test) before their refresher is complete – please complete this ASAP. Refreshers need to be done for Patrol Support (CPR), Surf Lifeguard Award, IRB Drivers, RWC Operators.



Recent Achievements

Congratulations to Jack Bullock and Matt Davoren who qualified for their RWC operators award at Muriwai last weekend. Well done to Alex Padfield who gained his IRB drivers award.



First Aid Bum Bags

There are now six red bum bags in the tower which can be used for your go-to first aid needs. Please get used to having a bum bag with you on the flags, on roams, etc. Equipment that gets used can be replenished from supplies in the first aid room and notify the first aid officer on your patrol. You will also notice the trauma packs are cable tied – please use these in emergencies.

Welcome Rookie Lifeguards

Our Rookie lifeguards will soon be joining us on patrol for the season. Please make them feel welcome and include them in your patrol activities when you can.

Intermediate Lifeguard School

On the weekend of 27th and 28th November Brayden Scharvi and Jake Corney attended the Intermediate Lifeguard School held at Ohope Beach. Over the weekend lifeguards are put through practical and theory based learning and scenarios designed to enhance their skills as up and coming leaders in lifeguarding.



Jake's comments "I would highly recommend this course to everyone!! It's a great opportunity to meet people from other clubs as well as doing some very cool modules like the rock and board rescue. My favourite part would have to be the rock rescue module and all the cool people you get to meet!"

There will be another Intermediate Lifeguard School held at Hot Water Beach in January so if you are thinking about it, please get in touch with Ryan and we can assist with your application.



ROOKIES

"The Rookies season has started with 13 very enthusiastic, energetic Rookies. We are often asked by parents if their young Rookie is behaving themselves and the answer is a resounding yes! They are a fabulous, fun and respectful group. Although Rookies is non-competitive, the promise of chocolate in our Kahoots! quizzes definitely brings out the competitive nature in some of them, but also lots of laughs! The majority of our Rookies are also Ocean Athletes and have been well trained in how to represent Pāpāmoa Surf Life Saving Club.

In the four sessions so far they have looked at how to be sun smart, tides, rips and waves, conservation – especially the important role that the sand dunes play in our region, and a short induction to patrolling. Each of the Rookies who are already 13 years old, will look to join in a lifeguard patrol team soon to accumulate their 12 hours of patrolling.

Later in the season we are planning to have a joint session with the Mount Rookies snorkelling out and around Moturoa/Rabbit Island, an interactive session with our emergency services, and hopefully a raft building challenge. We'll update the calendar and post onto our Facebook page once these dates are confirmed."

By Rookie Coach, Marama Mateparae

SAVE THE DATE!

**Pāpāmoa SLSC Palmers Beach Carnival
Sunday 16th January 2022, late morning start**

Earlier this year we successfully hosted the inaugural Pāpāmoa SLSC Palmers Beach Carnival, a unique event of beach-based racing for senior athletes (U15, U17, U19, Open). We're looking forward to the return of the event in January 2022. Details will be confirmed in the coming weeks but in the meantime, we invite you to save the date and plan to join us for some quality racing in beach sprints and beach flags.



2022 Senior Surf Sports Season Calendar

BOP Senior Champs Pāpāmoa	Saturday 15 th January	The Bay of Plenty Championships for athletes to compete against local clubs
Pāpāmoa SLSC Palmers Beach Carnival Pāpāmoa	Sunday 16 th January	A unique event of beach-based racing for senior athletes (U15, U17, U19 & Open)
Eastern Regional Champs Mount Maunganui	Friday 28 th to Sunday 30 th January	A big local event for our athletes to compete against other clubs in the region
TSB Nationals Christchurch	Thursday 10 th to Sunday 13 th March	The largest Surf Lifesaving event in New Zealand for our senior athletes

PAPAMOEA AHEAD IN BOP JUNIOR CHAMPS

POINTS SO FAR	
Pāpāmoa	34
Omanu	33
Mount	23
Whangamata	13
Waihi	11
Whakatane	4

Papamoea is leading the charge so far in this year's BOP Junior Champs. With two age groups still to race it's going to be a tight race to the finish line.

This year, due to Covid restrictions, the BOP Champs was split into four sessions over four weekends. The under 11s and under 12s have already competed and the under 13s and under 14s are racing over the next two weekends.

Our under 11 athletes were treated to a beautiful flat day with small waves, but for our under 12s it was a different story. With large messy waves they all did so well and gave it their all in difficult conditions.



Good luck to the rest of the team who are still to compete.



JUNIOR SURF

Thank you to all our Junior Surf families who have embraced the changes and challenges of the last few weeks as we move to a fully vaccinated club. Most of our families have now uploaded their My Vaccine Passes to our system and we are excited to get going with our last two sessions of the year.

Please scan in at each age group

Just a friendly reminder to keep scanning in at each individual age group (the QR codes are different for each age group) and please stay away from the club and all club activities if you are sick or are awaiting a Covid test result. This is for your safety and that of others.

Uniforms

Just a reminder that if you need any JS uniform for your kids, you can pop into the training room downstairs at the club on Sundays before JS between 8am-8.30am.

Christmas Family Party

Our last JS session for the year will be on Sunday 19th December. Keep an eye out for the big man in the red suit who will be arriving to the beach in style! We'd also love our JS families to stay after the session on the 19th for our Christmas party.

The BBQ will be going and there will be a free sausage for all the kids. Drinks will be available from the club bar from 1pm. Please bring a plate for lunch or you can cook your own food on the BBQ or grab some fish and chips from across the road.



Christmas Pressie Idea

If you're looking for a great Christmas gift idea, our Pāpāmoa branded hooded towels are a great option for kids and adults.

They go through from XXS to XL and are \$50 each. The last day for collection will be 23rd December so please [click here](#) to order through our website.

Papamoa Junior Carnival – 23rd January 2022

We are working hard to try and make sure the Papamoa Junior Carnival can take place under Covid restrictions. We know that many of the kids really enjoy attending a carnival to showcase the skills they've learned throughout the season. Further information on this will follow closer to the time.

2021/2022 Junior Surf Season Calendar

Last day for 2021	Sunday 19 th December	Santa will arrive in style! Stay on after JS for our end of year Christmas Party!
First day for 2022	Sunday 9 th January	Welcome back to the beach
Club Champs Last day of the season	Sunday 6 th March	A highlight of the season for our Nippers to earn medals and showcase what they've learnt throughout the season

2022 Junior Carnivals & Events

Pāpāmoa Junior Surf Carnival Pāpāmoa	Sunday 23 rd January	Eastern Regional carnival for under 8s and above An opportunity to showcase our new club!
Eastern Regional Champs Waihi	Saturday 12 th & Sunday 13 th February	The first big event of the season for our Ocean Athletes For under 10s and above
Oceans 2022 Mount Maunganui	Thursday 24 th to Sunday 27 th February	The largest Junior Surf Life Saving event in New Zealand for Ocean Athletes For under 10s and above
Pāpāmoa Club Champs Pāpāmoa	Sunday 6 th March	A highlight of the season for our Nippers to earn medals and showcase what they've learnt throughout the season



KEEP SAFE AT THE BEACH THIS SUMMER

- **Swim between the flags** – this is the safest place to swim and our lifeguards always have eyes on this area.
- **Be aware of the dangers** – check for rips and currents, snags and rocks.
- **Chat to lifeguards** - we're more than happy to point out dangers or give advice.
- **Keep children within arm's reach when in the water** - adults, not older children or teenagers, should always supervise children around water.
- **Know your limits** – don't over estimate your ability or under estimate the conditions - if in doubt, stay out.
- **Don't swim alone** – remember you will never be able to swim in the ocean as well as in a pool and cold water will make you tired.
- **Relax, Raise and Ride** - if you find yourself caught in a rip, Relax and float to conserve your energy, Raise your hand to signal for assistance, Ride the rip until it stops and you can make your way back to shore.
- **Be sun smart** – and stay hydrated.
- **Dial 111** – if in trouble and there are no lifeguards around, the Police have a direct line to call our lifeguard squads.

COVID-19 GUIDELINES

- If you are at the club for any reason, please scan in using the Covid tracer app.
- If you have flu-like symptoms or feel unwell, please stay away from the club and all club activities.
- If you are awaiting a Covid test result, please stay away from the club and all club activities.
- Please wear a face covering if you are over the age of 12.
- Please continue to maintain social distancing where possible at club events and activities.

For more information, [click here](#) to visit the SLSNZ website.

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