



# Papamoa

SURF LIFE SAVING CLUB

## PSLSC MEMBER NEWSLETTER

August 2022

### MEMBERS MAKE US PROUD AT REGIONAL AWARDS



It was wonderful to host the 2022 Surf Life Saving Awards of Excellence at the Pāpāmoa Surf Club last month. We were proud to show off our new clubhouse and come together to celebrate with our fellow clubbies from across the region.

We are also very proud of our amazing lifeguards who were recognized for their commitment and dedication.

**Coaches Commitment – ALEX THOMPSON**  
**Instructor of the Year - RYAN HOHNECK**  
**Emerging Coach of the Year - JAKE COWDREY**

#### Service Awards

**SANDRA BOUBEE**  
**ROBYNNE CABUSAO**  
**DAVE COWDREY**  
**POPPY CROUCH**

**Congratulations to all the nominees and winners!**

**MATTHEW DAVOREN  
RYAN HOHNECK  
SHANE SMITH  
AILSA COWDREY**



Ryan Hohneck



Robynne Cabusao



Poppy Crouch



Matt Davoren



Ailsa Cowdrey



**Papamoa Surf  
Lifesaving Club  
561 Papamoa Beach**



**Monday 29 August  
1:00pm – 6:00pm**



**Tuesday 30 August  
8:00am – 1:00pm**

Book in via the NZBlood App or Online

Please bring ID with you

**0800 448 325  
nzblood.co.nz**



## **GIVE BLOOD - SAVE A LIFE**

The next **BLOOD DRIVE** is coming up at the Pāpāmoa Surf Life Saving Club at the end of this month – 29th and 30th August.

With the flu and Covid going around, the NZ Blood Service are extremely short on blood currently, particularly the O+ type.

So please check the dates in your calendar and book in some time to save a life. We've had lots of great feedback from people who have donated here. You get to take some time out from your busy day, relax on an easy chair overlooking the beautiful Pāpāmoa Beach, and enjoy a cup of tea with a goodie bag of biscuits and chocolates.

Bookings are preferred but walk ins are also most welcome.

**[CLICK HERE](#) to book online.**

## GIVE A LITTLE

Pāpāmoa Local Kylie Gallagher is raising money to place external defibrillators in central locations in Pāpāmoa, including one at the Pāpāmoa Surf Life Saving Club.

Mark Weedon passed away a year ago from a cardiac event and the family wanted to do something meaningful in his memory.

Whilst the surf club has defib units inside the building, an external unit would enable access even if the club is closed. These units are designed to be operated by people with no first aid knowledge, and will help the user administer CPR correctly as well as advise when a shock is needed.

[CLICK HERE](#) to go to the Give-A-Little page and please get behind this wonderful cause.

## SATURDAY NIGHT IS QUIZ NIGHT!

Thanks to all the teams who have registered for our Quiz Night this Saturday to help raise money for surf sports. We have lots of games lined up and there are some amazing raffle prizes and items to be auctioned, so don't forget your cash and gold coins.

Just a reminder that we run a cashless bar, so you'll also need your EFTPOS or credit card for drinks. The bar opens at 5pm and drinks will be at club prices.



## CALLING ALL SURF OFFICIALS

Have you been thinking about how to support the Pāpāmoa Surf Club this season and get more involved? Becoming a surf official is a great way to give back to the Club and get a front row seat at your kid's events.



For every 10 athletes we send to a carnival, we need at least 1 official. Being an official is a pretty straightforward role and you don't need to be a lifeguard or a coach. Most events provide officials with snacks and lunch and it's a great way to get a better understanding of the rules of the sport.

If you'd like to give it a go, please sign up for the **Surf Officials Level 1 Course** coming up on **Sunday 28th August** at the Mount Maunganui Surf Club.

[CLICK HERE](#) to register.

If you have any questions or would like more information, please contact Robynne Cabusao: [robynne.cabusao@surflifesaving.org.nz](mailto:robynne.cabusao@surflifesaving.org.nz)



## MEMBER UPDATES FROM SLSNZ

Each week SLSNZ sends out an Operations (Ops) Mail e-newsletter which highlights local and national updates, courses, training and events, as well as job advertisements.

Click on the links below for some recent examples:

- [Surf Patrol App – National SurfCom Rollout](#)
- [Proposed changes to the Senior Lifeguard Award - Patrol Captain](#)
- [Surf Official Refreshers](#)
- [Examiner and Instructor Refreshers](#)
- [Community Education Coordinator – Eastern Region](#)

If you would like to be added to the distribution list for Ops Mail, please email [info@papamoolifeguards.co.nz](mailto:info@papamoolifeguards.co.nz).

## LONG STANDING COMMUNITY SUPPORT

The Pāpāmoa SLSC owes a great deal to one of our longest standing sponsors – **Mitre 10 Pāpāmoa**. Owners Brian and Loretta Johnstone are valued associate members of our Club and one of our Gold sponsors. This year their sponsorship will be focusing on supporting our junior aged athletes providing vital equipment for our members to train on and take to events.

**MITRE 10**

**PAPAMOA**



Brian and Loretta decided to sponsor the Pāpāmoa Surf Life Saving Club many years ago.

“Our kids joined Junior Surf when we first arrived in Pāpāmoa in 2004,” says Loretta.

“We wanted to help kids in the community learn about swimming in the sea and how to respect the sea. We also want to support life savers so they can protect us while we enjoy the sea.”

Brian and Loretta have owned Mitre 10 Pāpāmoa for 17 years and have been active members of the community since they arrived.

“As a family we have been involved with the community from rugby, netball flippaball, water polo and the surf club. Although Pāpāmoa is a lot bigger now than when we first moved here, it hasn’t lost its community feel,” says Loretta.

**A huge thank you to the Mitre 10 Pāpāmoa family for their ongoing support of the Club.**

## FUTURE LIFEGUARDS IN TRAINING



Our Rookie lifeguards get to experience first-hand what it takes to be a lifeguard.



First aid training is one of the key life skills that Rookies learn.



Rookies take part in a fun Rookies Challenge at the end of the season.

Now's the time to start talking with your kids about whether they'd like to join the Papamoa SLSC Rookie programme for 2022/2023. Rookies starts in November and an information session will be held in October for anyone who is interested in joining, so keep an eye on the newsletters and Facebook for more information.

The Rookies Programme is open to all kids aged 13 (or turning 13 during the 2022/2023 season). It runs throughout the summer season and includes the opportunity to join a number of weekend lifeguard patrols. It's a great way to learn new life skills whilst having fun with your surf club friends. The programme includes practical education on first aid, CPR, communication (radio and other), patrolling requirements, as well as learning about the beach and ocean environments.

For more information, [CLICK HERE](#) to visit our website.



## EXCELLENT FIRST IMPRESSIONS

Our Junior and Senior Pool Rescue athletes came out on top at the recent BOP Pool Rescue Day – **congratulations to everyone who took part.**



With the winter season well underway, our Pool Rescue Team headed to Baywave to take on the first competitive event of the season. This small local event saw 150 people from across the BOP and Coromandel take part, with our Pāpāmoa team making up over a third of all entries.

Over the day, the team raced well and showcased excellent lifeguarding skills and effort. Our Juniors won 3 out of the 4 tube rescue races and placing 2nd and 3rd in the 4th. Our Seniors claimed the most points in the manikin tow, again demonstrating their impressive lifeguarding skills.



Heading into our next event - The Eastern Region Pool Rescue Championships in Hamilton - we hope to replicate this strong performance.

Thank you to all the team managers, timekeepers and officials who represented the Club and allowed the event to run smoothly.

**[CLICK HERE](#) to go to our website for all the details on upcoming Pool Rescue sessions and events.**

## **DONT FORGET ...**

... if you're shopping at Torpedo 7 in August or September to use the code **PAPSURF22** and support this great fundraising opportunity.

# Torpedo7

Support Papamoa SLSC and gear up for adventure

## UP TO 40% OFF

Our huge range of gear



REDEEM NATIONWIDE 1ST AUGUST - 30TH SEPTEMBER 2022

### HOW TO REDEEM

**ONLINE:** enter "PAPSURF22" in the promo code field during checkout at **WWW.TORPEDO7.CO.NZ** - remember you can select click and collect to skip the queues and pick up local.

**INSTORE:** show this flyer printed or on your device to one of our great instore staff.



**2% OF TOTAL SALES WILL BE  
DONATED TO PAPAMOA SLSC**

Terms and Conditions: Discounts are off RRP. If the product is already on promotion customer will receive the lower of offer or promo pricing. Not all products are eligible for a discount. Not available in conjunction with any other offer. Excludes Bikes and Frames, Electronics, Freight, Gift Cards and Workshop Services. Valid from 01/08/2022 to 30/09/2022.

Thank you to our sponsors below who make all our programmes possible.

**G.J. Gardner.**  
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