



# Papamoa

SURF LIFE SAVING CLUB

## PSLSC MEMBER NEWSLETTER

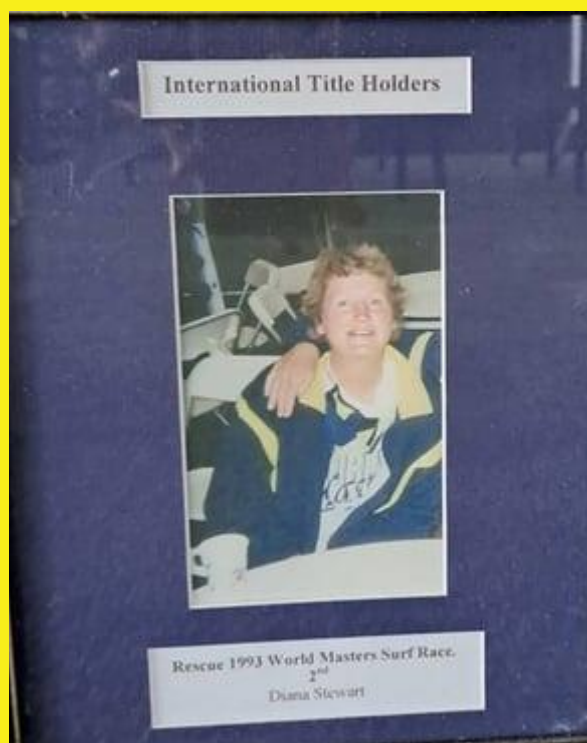
29th September 2022

### SUMMER IS ON THE WAY!

We're less than a month away from our lifeguards heading out on patrol.

Each year on the morning of the first patrol we hold a **beach blessing** alongside Nga Potiki and we'd like to invite all lifeguards and members to join this year's blessing on **Saturday 22nd October at 9am**.

Delta Patrol will then be setting up for their first patrol of the season starting at 11am.



### OBITUARY – DIANA STEWART

International World Masters Title Holder Diana Stewart was one of five people who tragically drowned in Kaikoura earlier this month in a charter boat incident.

Diana was a dedicated Pāpāmoa lifeguard between 1992 and 1995. Diana won the Club's first international medal at the World Masters held at Mount Maunganui in November 1993 for surf swim. Diana was a very talented photographer and enjoyed travelling to remote parts of New Zealand to photograph unique pictures of landscapes and wildlife.

Our thoughts are with Diana's family and friends in the Surf Lifesaving community.

## CLUB NIGHT

It was great to see some of our members enjoying the beautiful view and facilities last Friday night at our first Club Night of the season.



Club Night is on again tomorrow - **30th October** - then again on **Friday 21st October** to tie in with the launch of the new lifeguarding patrol season.



Don't forget our **Community Associate Membership** is available for those who would like to be part of the Pāpāmoa Surf Club family, use our wonderful facilities and attend our member Club Nights.

## NATIONAL AWARDS

A huge congratulations to all of our SLSNZ National Awards of Excellence Winners & Award Recipients. We are very proud of you all and the wonderful service you provide to our Pāpāmoa community. You can check out all the winners and recipients on the **SLSNZ website**.



### SLSNZ Service Awards:

Sandra Boubee  
Dave Cowdrey  
Naomi Davoren (pictured)  
Ryan Hohneck  
Joanne Miller  
Shane Smith



### **Shaun Smith received a Distinguished Service Award.**

Shaun gained his Lifeguard Award in 1977 and has been an active SLSNZ member ever since.



### **Don Colebourne received a 50 Year Badge.**

Don became a lifeguard in 1962 at Waikanae Surf Life Saving Club and has been a long standing member of Pāpāmoa SLSC. As well as being a lifeguard, Don has supported many grant applications for the Club. In 2015 he was awarded a District Regional Service Award.

## **PĀPĀMOA CLINCHES SILVER AGAIN**

Pāpāmoa held on to last year's position as 2nd overall in the Eastern Regional Pool Rescue Championships earlier this month. Racing against our closest rivals at Waterworld in Hamilton, the Pāpāmoa Masters Team did especially well with golds across both male and female categories:

### **35-39 Masters Male**

**1st**     **Richard Williams**

### **50-54 Masters Male**

**1st**     **Jamie Mardon**

### **50-54 Masters Female**

**1st**     **Naomi Davoren**

**2nd**     **Karyn Leach**

**3rd**     **Clare Pearson**





Our Juniors didn't disappoint either with placings across most age categories:

**U17 Female**

3rd Trelise Chote

**U15 Female**

1st Amelie Pearson

**U12 Female**

2nd Emily Kate Reed

3rd Mia-Page Fitzgerald

**U11 Female**

2nd Tamsin McHardy

**U15 Male**

3rd Ryan Teixeira

**U14 Male**

3rd Triton Dickens

**U13 Male**

1st William Chugg



**Congratulations to everyone who raced.**

Thank you to the organisers, officials, team managers, timekeepers and water crew whose time and commitment cannot be underestimated. Thank you also to [Bartlett Swim School](#) for their ongoing support of our Pool Rescue Programme.

The team's focus now moves to the National Pool Rescue Championships taking place in Auckland from Friday 7th – Sunday 9th October. **Good Luck to everyone heading to Nationals.**



## LOCALS SUPPORT JUNIOR SURF

The Pāpāmoa Pak N Save team have been a long-time sponsor of our surf club and we are very pleased to be continuing this relationship into the upcoming season.

Owner Rob McGregor opened the store 12 years ago and loves being part of the Pāpāmoa and greater coastal area.

"Whilst I don't have any direct connection with the surf club," he says, "I got involved because I love the natural outdoor life of the area and the ocean, and I want our community to also be able to appreciate and enjoy the environment safely."

Pak N Save sponsor our younger members and are very keen to "waterproof" our children.

"I support the surf club to help keep our community safe while they are enjoying our amazing environment," says Rob.

**Thank you Pāpāmoa Pak n Save – we really value your sponsorship and ongoing support.**



# CAMBRIDGE TO HAMILTON PADDLE

Congratulations to all our members who took part in the [Cambridge to Hamilton Paddle Race](#) earlier this month.

We saw some awesome results with two of our young girls beating all the boys to take out 2nd and 3rd in the 11km Club Surf Ski Race – **well done girls!**

2nd Amelie Pearson  
3rd Jessica Pilbrow



Amelie Pearson took out 2nd place overall in the 11km Club Surf Ski Race.



Fergus McHardy was one of our under 18 males to complete the 26km paddle.



The Pāpāmoa team celebrate after the ski race.

## LIFEGUARDING

Our patrol roster is being released this week via direct mail and on our website. If you are yet to sign up please contact one of the lifeguarding team or email [info@papamoalifeguards.co.nz](mailto:info@papamoalifeguards.co.nz). An extra special thanks to those lifeguards who have moved patrols to ensure we have the correct skills over all patrols.

### Refreshers

Our first practical refresher will take place on **Sunday 16th October at 1.30pm**. This will be a dry refresher and the bar will be open from around 3pm. Run-swim-run and tube rescue refreshers will follow on 12th November.

It is **VERY IMPORTANT** that **ALL** lifeguards attend and we will also be introducing the new Patrolling App.

The online theory refresher **MUST** be completed before the practical refresher so please sign in to the member portal and go to online learning before 16th October. If you don't have your lifeguard membership number please contact Ryan via [rhohneck@gmail.com](mailto:rhohneck@gmail.com).

Keep an eye on the [Lifeguarding Facebook group page](#) for more information and ongoing updates.

# ROOKIES

Please note that in the last newsletter we advertised a Rookies pre-season briefing. The date was incorrect. This will take place at **5pm on Friday 21st October**. Coaches Marama Mateparae and Andrew King look forward to seeing you there.

[CLICK HERE](#) to register for Rookies. More details on the Rookies programme can also be found on the Surf Life Saving NZ website – [CLICK HERE](#).



A huge thank you to Eves for the ongoing support of our Rookies programme.



## JUNIOR SURF

### 2022/2023 SEASON

Sunday mornings 9.30am

13th November - 18th December 2022

8th January - 5th March 2023

Thank you to everyone who has already registered for the upcoming Junior Surf season. If you have not done so yet, [CLICK HERE](#) to register.



### 200m Safety Badge

Just a reminder that ALL under 9 and above Junior Surf participants as well as athletes in our Oceans Programmes MUST complete their 200m Safety Badge **EACH SEASON**.

To complete the badge, participants must swim 200m in a pool unaided in under 7 minutes, followed by 1 minute of treading water unaided.

The 200m badge is required for all kids who wish to paddle foam boards (also called knee boards). For those who do not have the badge, they can still partake in other water activities including body boarding.

Members of either Bartlett's Swim School or the Pāpāmoa Swimming Club can ask their instructor to assess them and give them a certificate of completion. A scanned or photographed copy of this can be emailed to [juniorsurf@papamoalifeguards.co.nz](mailto:juniorsurf@papamoalifeguards.co.nz).

Those unable to complete the badge at their swimming club/school can attend one of the Pāpāmoa SLSC sessions at Bartlett's Swim School. There is no need to book, just turn up.

**Dates:** 6th November & 27th November 2022

**Time:** 2pm-3pm

**Location:** Bartlett's Swim School, 15 Market Place, Pāpāmoa

[CLICK HERE](#) for more information on the 200m Safety Badge.





## Calling all Junior Surf Coaches

The Junior Surf committee are always looking for parents and caregivers to help out with their kids on the beach.

If you would like to volunteer or find out more about what is involved, please email [juniorsurf@papamoalifeguards.co.nz](mailto:juniorsurf@papamoalifeguards.co.nz).

## Missing Person at Sea Course

Each year at the start of the season Eastern Region run a Missing Person at Sea course. This course can be attended by anyone, not just lifeguards. It's a very valuable course for Junior Surf parents and coaches – the more people who are trained on this the better.

The Missing Person at Sea course is running at **Omanu Surf Club on Tuesday 25th October** so please save the date in your calendar and keep an out for registration details which will follow soon.



## 2022/2023 JUNIOR SURF SEASON DATES



<b>Registrations Open</b>	<b>1<sup>st</sup> September 2022</b>	Visit <a href="http://www.papamoalifeguards.co.nz/register">www.papamoalifeguards.co.nz/register</a> to register online
<b>Registration &amp; Uniform Collection Days</b>	<b>Tuesday 1<sup>st</sup> November &amp; Thursday 10<sup>th</sup> November</b> 4-6pm	<ul style="list-style-type: none"> <li>At the Pāpāmoa Surf Club</li> <li>Register for the season</li> <li>Collect your kids uniform ready for the season ahead</li> </ul>
<b>First session of the season</b>	<b>Sunday 13<sup>th</sup> November</b> 9.30am start	<ul style="list-style-type: none"> <li>Welcome to the new season</li> </ul>
<b>Last session for 2022</b>	<b>Sunday 18<sup>th</sup> December</b> 9.30am start	<ul style="list-style-type: none"> <li>Santa will arrive in style!</li> </ul>
<b>First session for 2023</b>	<b>Sunday 8<sup>th</sup> January</b> 9.30am start	<ul style="list-style-type: none"> <li>Welcome back to the beach</li> </ul>
<b>Pāpāmoa Junior Surf Club Championships &amp; Last session of the season</b>	<b>Sunday 5<sup>th</sup> March</b> 9.30am start	<ul style="list-style-type: none"> <li>A highlight of the season for our Nippers to earn medals and showcase what they've learnt throughout the season</li> <li>For all participants, under 6 and above</li> </ul>

## Keep Up To Date

Once you've registered for Junior Surf, make sure you sign up to the [\*\*Papamoa SLSC Junior Surf Facebook Group Page\*\*](#) for regular updates and cancellations.

## Thank You

As we head towards a brand new season, we'd like to say a huge thank you to our valued sponsors **Body In Motion**, who continue to provide funding and support to our Junior Surf Programme.





# HAVE YOU REGISTERED FOR THE SEASON YET?

**Registrations are open** for all our 2022/23 season junior programmes. There is something for everyone...



## **Junior Surf**

For all kids aged 5 – 14 years old to have fun with friends on the beach and learn how to be safe on the beach and in the ocean.



## **Board Fundamentals**

For kids aged 9 and above to learn the basic skills required to paddle a knee board in the ocean. This 3-part programme is held at the Pāpāmoa swimming pool to give kids confidence before heading out in the ocean.



## **Ocean Development**

An extension of the skills learnt at Junior Surf for our under 9 and above kids wanting to get into surf sports.



## **Ocean Athletes**

For our under 11 – under 14 year old kids who want to compete at regional and national events.



## **Rookie Junior Lifeguarding**

An educational programme for kids aged 13 and above looking to become a lifeguard.

## COVID-19 UPDATE

Most COVID-19 rules have ended in New Zealand. However, you must still isolate for 7 days if you have COVID-19. You must wear a face mask in healthcare facilities, such as hospitals. Household Contacts no

longer need to isolate for 7 days. If you live with someone who tests positive for COVID-19, it is recommended that you take a rapid antigen test (RAT) each day for 5 days and try to avoid contact with the person who has COVID-19.

We'd like to thank our members for your ongoing support and cooperation during the government's protection framework (traffic light system), and we can all look forward to a restriction-free season ahead.



➤ **RAISE SOME DOUGH** ➤

FOR



**11AM-9PM**

**SATURDAY 8 OCTOBER 2022**

**\$1**

FROM EACH PIZZA AND LAVA  
CAKE SOLD WILL BE DONATED  
TO HELP THE TEAMS WITH  
COMPETITION AND TRAVEL COSTS



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