

PSLSC MEMBER NEWSLETTER

24th November 2022

RACE NIGHT & CLUB NIGHT

Hopefully the weather improves for our first Race Night of the season tomorrow night (Friday 25th November). Our under 8 and above Junior Surf kids will be taking part in some friendly races on the beach and in the water so come on down and give them your support.

Racing starts at 4.30pm and the Club Bar will be open for Club Night from 5.30pm. Oshie and G's food truck will be serving up some family friendly kai or you can bring your own food.

Please note: the upstairs toilets will be out of bounds due to a function so please use the downstairs toilets.





CHRISTMAS BBQ – SAVE THE DATE!

We'd like to invite all club members to join us in an end of year Christmas celebration on **Sunday 18th December from 12pm onwards**. Stay on after Junior Surf or come on down and celebrate the end of year with your fellow clubbies.

CONGRATULATIONS



We are thrilled to announce that we have seven newly qualified Lifeguards and two new Patrol Supports. Congratulations to you all. Top row from left: Aiden Bollee, Luke Gillbanks, Gillian Johnston, Stephanie Mardon and Janine Bollee. Front row from left: Sophie Bowling, Emily Mardon, and Gracie Jackson. Congratulations also to Phil Gillbanks (not pictured) who passed his Patrol Support exam.

Thanks for putting in the time and effort into your training. We're looking forward to patrolling and spending time with you on the beach over the summer.



IN IT FOR THE KIDS

Having grown up in Gisborne doing surf lifesaving, Body In Motion owner Mal Shivnan knows how important supporting youth in sport is. They support all the clubs in the area as well as many other sporting codes.

For the past 4 years Body In Motion has been a Pāpāmoa Surf Club sponsor making it possible for our coaches to be kitted out in the bright tops you see on the beach every Sunday morning. Their sponsorship has also helped to buy the large age group flags we have on the beach so our Junior Surf kids and families know where they are meant to be each week.

Image: Body In Motion owner Mal Shivnan pictured on the right holding the flag.

Over the years we have been able to purchase boogie boards and soft top knee boards for our juniors, ensuring everyone can get out in the water, have fun and learn some important water safety skills.

We'd like to give a huge thank you to <u>Body In Motion</u> for continuing to support our Junior programmes.



CHRISTMAS TREES REVEALED THIS WEEKEND

Thanks to everyone who helped paint a Christmas tree decoration for our community Christmas tree. The tree will be revealed at a community event on Saturday at the Historical Village, so head on down and check it out.

The community event takes place between 10am-3pm and includes live music, food, street performers, art demonstrations, a scavenger hunt with prizes, and much more.

Since 2018 The Incubator Creative Hub has worked with Tauranga City Council to deliver the Christmas tree project where the community comes together to participate and celebrate creativity and showcase their organisations. These huge distinctive trees have been designed by Māori Artist Ashleigh Luckman-Taupaki with kowhai patterns representing the Pohutukawa New Zealand Christmas tree.



Here are the amazing crew from our long time sponsor **<u>Classic Builders</u>** installing the Christmas Trees at The Historic Village ready for the unveiling. It's wonderful to see Classic Builders once again supporting their local community.



LIFEGUARDING

Intermediate Lifeguard School

Applications for the next Intermediate Lifeguard School for candidates, mentors and instructors are now open! It's taking place at the Waikanae Surf Life Saving Club in Gisborne from 20th – 22nd January 2023. CLICK HERE for more information.

Senior lifeguards are needed for instructor, mentor and water safety positions for this event. Instructors/mentors/helpers <u>register here</u>. Candidates <u>register here</u>.

Intermediate Lifeguard School is designed to provide junior lifeguards with the skill development, knowledge and further understanding to develop as a lifeguard. The school is a dynamic combination of theory and practical based sessions to enhance the candidate's learning through a variety of situations. The target

audience for this course is lifeguards who have been patrolling for 1-2 seasons and are ready to further develop their lifeguarding skills.



Intermediate Lifeguard School is designed to provide junior lifeguards with the skill development, knowledge and further understanding to develop as a lifeguard. The school is a dynamic combination of theory and practical based sessions to enhance the candidate's learning through a variety of situations. The target audience for this course is lifeguards who have been patrolling for 1-2 seasons and are ready to further develop their lifeguarding skills.

SENIOR SURF SPORTS

The senior team are all set for their roadie to Gisborne this weekend for the Gizzy Grinder. This is an endurance-based event with some longer distance and eliminator type races. It's also a great opportunity for Surf Officials, Event Water Safety and members to come together and reconnect as we head forward into an action-packed summer of surf sports.



We'd like to give a huge shout out to the <u>Four Winds foundation</u> for supporting our team with a \$1000 grant toward accommodation costs.

JUNIOR SURF SPORTS

40 of our junior athletes had a blast over in Ohope for our Oceans Camp last weekend. The ability to switch between the beach and the harbour meant that training could focus on proper paddling technique and board rescue pick ups in the calm water, as well as improving board starts in messy and quite challenging conditions. Let's hear from two of the kids who went along for the first time...



"Hi I am George and I recently went to my first oceans camp. I didn't really know what to expect or what we would do!! We did a lot of board rescue training, which was really helpful because I have not done much of it before. We trained with the local Whakatane Surf Club and practiced our board starts and finishes. I also learnt how to brake on a kneeboard. One of the other things I learned was to always fall off your board close to Zac because he will do a great job of rescuing you!! One of my highlights of the camp was probably growing my relationship with athletes, coaches and other parents. The only thing that could have been better about the weekend was the waves. Overall I think the camp was a big success."

George Blanchard from the under 13 age group.

"My first oceans camp was a really enjoyable weekend with my friends from the surf club. It was nice to wake up on both of the mornings ready for an adventure. When we got there, all of the athletes got to go out on our boards for free play in the ocean- even though there was a little amount of blue bottles, everyone went out. The waves were about 3-4 foot and really messy but all the brave ones got out the back. On Saturday the waves were still really big, so we went down to the estuary. The older and more experienced athletes went for a big paddle. It was nice to be coached by Alex, Zac and Jake but we missed Jack. We went to the wharf to jump off and I was one of the first to jump into the water. Every day there was lots of food that the parents made for us. I want to go back and stay there again for another oceans camp."



Phoebe Mardon from the under 12 age group.

A huge **THANK YOU** to all the parents and helpers for making everything run smoothly, to the coaches for their expertise over the weekend, and to the Whakatane Oceans team for hosting us for a training session.











JUNIOR SURF

It's awesome to be back on the beach on Sunday mornings for Junior Surf. On Sunday please arrive by 9.15am for our season briefing which will take place on the cobbled area in front of the clubhouse. Please help your kids find their age group and sit in a line, with parents behind on the grassed area.

LARGE GROUPS - we have some very large groups this year, particularly in our younger age groups, so we need parents to help.

AGE GROUP LEADER - we would love to break down the large younger groups into smaller pods for a better experience, but we need more parents to put your hand up to help by being an Age Group Leader. Talk to your age group coach for more information.

BE PROACTIVE - our coaches will help direct the group as a mass, but if you see your child not listening or misbehaving please step in.

CALLING ALL LIFEGUARDS – if any parents are ex-lifeguards, you can refresh and step in and help us with your child's age group. Please email <u>info@papamoalifeguards.co.nz</u> to sign up.

NO SWIMMING BEFORE SESSION - please can we ask that kids **do not** go into the water before the session, and afterwards please take off their Pāpāmoa cap and swim between the flags so we know you have been released from your age group.

IF YOU LEAVE EARLY - please remember to tell your Coach as any missing children will be treated as a missing person considering the environment we operate in.

SANDBANK ONSITE – don't forget you can grab a coffee from Sandbank from the club bar upstairs in the clubhouse.

SAUSAGE SIZZLE - at the end of each session there will be a sausage sizzle and ice blocks for sale so remember to bring your gold coins!

Junior Surf Key Dates

1st Race Night – Friday 25th November 4.30pm-6.30pm

Final 200m Badge Testing – Sunday 27th November 2pm-3pm at Bartlett Swim School. *No need to book, just turn up during that time.*

BOP Junior Carnival – Sunday 4th December at the Opotiki Surf Life Saving Club for our under 11 and above age group kids.

Keep Up To Date

Make sure you sign up to the <u>Papamoa SLSC Junior Surf Facebook Group Page</u> for regular updates and cancellations.





Papamoa Surf Lifesaving Club 561 Papamoa Beach



Monday 28 November 1:00pm – 6:00pm



Please bring ID with you

0800 448 325 nzblood.co.nz





Thank you to our sponsors below who make all our programmes possible.



www.gjgardner.co.nz



www.bodyinmotion.co.nz



Relassic builders



www.classicbuilders.co.nz



www.paknsave.co.nz



www.barretthomes.co.nz







www.bartlettswimschool.co.nz





www.nutrikiwi.com



www.cmtexcavations.co.nz

