



Papamoa

SURF LIFE SAVING CLUB

PSLSC MEMBER NEWSLETTER

8th December 2022

COUNTDOWN TO CHRISTMAS



Our club Christmas BBQ for all members is taking place on **Sunday 18th December from 12pm**. We look forward to seeing everyone together for some Christmas summer fun!

As we head towards our Christmas holiday break, we'd like to advise members that our admin office will be closed from Wednesday 21st December, opening again on Monday 9th January.



A lot of work goes on in the background to keep the club running and we'd like to say thank you to the **Lion Foundation** whose recent administration fund has made a huge contribution to keeping our club going.



Club Night This Week

Head down to the club tomorrow evening (Friday 9th December) for a member club night. The bar will be open from 5.30pm. Please remember club nights are for members only. Please be respectful of the volunteers who are helping to run the bar and help clean up after yourselves.



Home Latest News Lifeguarding Lifeguard Patrol Hours Surf Sports June

Latest News



Senior Surf Session Ramps Up



Thank You Four Winds Foundation

Keep Up To Date

As well as this member newsletter, regular updates are posted on our [Facebook page](https://www.facebook.com/papamoasurflifesavingclub) so make sure you sign up - www.facebook.com/papamoasurflifesavingclub. If you do not have access to Facebook keep an eye on the [Latest News](https://www.papamoalifeguards.co.nz/latest-news) on our website - www.papamoalifeguards.co.nz/latest-news.



No Parking in Surf Club Grounds

We'd like to remind members that no personal cars are to be parked within the surf club grounds. We realise parking can be tricky especially as we head into summer, but the grounds need to be kept clear for safety reasons. Thank you for your understanding and support.

Covid in our Community

With an increase in Covid 19 within the community, we need to ensure we are continuing to follow these guidelines from SLSNZ:



- o If you are sick please stay away from the surf club, trainings, patrols, office or meetings.
- o If you have Covid symptoms please take a RAT test and stay at home.
- o If a family member/person you live with tests positive for Covid, please take a RAT test daily for 5 days from the day of their first positive test.
- o If at the surf club for patrol or Beach Ed, wherever possible please aim to open doors and windows to allow good ventilation and air flow.
- o We strongly encourage you to wear masks if in confined spaces with other members or members of the public i.e. in the First Aid Room.
- o Remember to use good hand and personal hygiene.

NEW DEFIB UNIT DONATED TO THE CLUB

Thank you to all our members who contributed to Mark Weedon's Give-a-Little page earlier this year. Mark's family came to the club last week to donate an external AED defib unit to the club, having raised well over \$10k on the page. Mark passed away in August 2021 from a cardiac event.

The beach was Mark's happy place and his partner Kylie says this is why the family chose the Pāpāmoa Surf Club to honour his memory. Mark would be seen down at Pāpāmoa beach every morning having a swim and a coffee – even through the winter.

Kylie set up the Give-a-Little page with the goal of getting more external defib units around the community. They raised enough for 3 units located at the surf club, Pāpāmoa College and Te Akau Ki Pāpāmoa Primary School.



Whilst the surf club has defib units inside the building, the external unit means any member of the public can use it even if the club is closed by calling 111 to get an access code. These units are designed to be operated by people with no first aid knowledge and will help the user administer CPR correctly as well as advise when a shock is needed.

Thank you Kylie, Jack and Rory. You have made a huge difference to the Pāpāmoa community and we know Mark would be very proud.

Photo: Mark Weedon's sons Jack (left) and Rory (right) hand over the external AED defib unit to Pāpāmoa lifeguard Jake Cowdrey.

DIMOND ROOFING COME ONBOARD



Dimond Roofing®

GET THE EDGE

One of our newest sponsors for the season came onboard last month and we are excited to be launching into a relationship with [Dimond Roofing](#). Area Manager Andy Gorrie says they chose to sponsor the surf club because of our shared values.

"Pāpāmoa Surf Life Saving Club and the work they do is close to my heart," says Andy. "We have a shared love of the ocean and a growing focus on the environment and people. Supporting the surf club immediately made sense to us, especially as it will be supporting so many in the community who either volunteer their time as lifeguards or coaches, or simply want to enjoy the beach knowing it's safely monitored."

"We see this sponsorship as a cornerstone to a longer-term relationship with Pāpāmoa Surf Life Saving Club and another steppingstone towards supporting our local community."

Andy's son has started Junior Surf this year so it's great to see the family joining the troops on a Sunday morning.

"It's so important to my partner and I that our kids learn the fundamentals of the ocean," says Andy. "I feel that growing up here in Pāpāmoa by the ocean it is important they understand and learn through the surf club the basic skills that will stick with them for a lifetime."

For over 50 years Dimond Roofing has been supplying the New Zealand construction industry with the leading range of long-run roofing, cladding, architectural ray, and solar roofing products. Servicing Tauranga and the rest of the Bay of Plenty since the late 70's. Dimond Roofing has a team of 190 staff through a national network of 10 branches.

Welcome aboard [Dimond Roofing!](#)



COULD PATROL SUPPORT BE FOR YOU?



Our Patrol Support people are lifeguards who don't go in the water. If you want to get involved with the club and use your life skills to keep people safe on the beach but you're not keen on the water, then Patrol Support could be for you.

You learn all aspects of setting up for patrol and packing down at the end of the day, including the set up of the flags on the beach and signs. Patrol Support take part in roaming the beach, observe from the tower, give first aid and attend to the flags.

If you have been a lifeguard before, but your swimming isn't quite up to scratch yet or you want to get back into lifeguarding, or maybe you have an injury that prevents you from completing your Lifeguard Refresher at this time, please get in touch.

Stephanie Mardon has just qualified as Patrol Support for this season:

"As a parent, I wish I had completed this course while my kids were doing Junior Surf over the last few years. I have learnt so much from the Patrol Support training with being able to spot rips and different beach conditions to help keep people safe. If you want to contribute to your community, meet new people and be inspired to train (you could set up a Patrol Support swim group and work towards you Lifeguard Award!) then Patrol Support could be for you!"

"I have already used the first aid training for blue bottle stings on the beach in Ohope. My fellow Patrol Supporter and I were actively involved in three cases in about half an hour - two clubbies who were training and a member of the public."

[CLICK HERE](#) for more information on Patrol Support.

LIFEGUARDING

Refreshers

Please ensure you get to patrol and complete your refreshers. Once completed ensure the hard copy roster in the tower is ticked and we will update with Surf NZ.

Next Lifeguard Award

The next lifeguard exam is taking place on 11th February 2023. If you are keen or want to know more, please contact us and we will give you more information or have a chat. Training will commence mid-January with 2-3 trainings a week. **[CLICK HERE](#)** for more information.

IRB Engine Maintenance Person

If you are keen to help out with this, we'd love to hear from you. Please contact Matt Davoren - **mattodavoren@gmail.com**

Taupo Ironman

Thanks to Shaun Smith and his team of helpers that will be lifeguarding at this large event this weekend.



Regional Guards

We welcome back our midweek regional lifeguards on 12th December with our volunteer patrols continuing over the weekends. Our clubbies Mitch Cowdrey will be Head Lifeguard at Pāpāmoa Surf Club and Liam Davoren the Head Guard at Pāpāmoa East.

Keep an eye out for our roaming ATV patrols who are looking after our 15km stretch of beach 7 days a week throughout the summer - thank you **[GJ Gardner](#)** for your ongoing support of our club.

Intermediate Lifeguard School



Last month Eastern Region hosted their first Intermediate Lifeguard School for the season in Pauanui. Intermediate Lifeguard School is designed to provide junior lifeguards with the skill development, knowledge and further understanding to develop as a lifeguard. The school is a dynamic combination of theory and practical based sessions to enhance the candidate's learning through a variety of situations. Special thanks to our partner [Zespri](#) for supporting our volunteer lifeguards.

Applications are now open for our next event which is being held at the Waikanae Surf Life Saving Club in Gisborne from 20th – 22nd January 2023. The target audience for this course is lifeguards who have been patrolling for 1-2 seasons and are ready to further develop their lifeguarding skills. [CLICK HERE](#) for more information.

For more information on the school please check out the SLSNZ website - www.surflifesaving.org.nz/intermediate-lifeguard



SENIOR SURF SPORTS



The Senior Surf season is ramping up with the team attending multiple events in the lead up to Christmas. Last weekend the conditions were fantastic for the Bay of Plenty Champs at Opotiki SLSC. There was a noticeable step up in intensity given this was the first real racing for some time with some promising results for the team. A big thank you to the officials that gave up their time to support the event and enable the team to race.

This weekend the team head to the Whangamata Classic where a big field is expected to provide some quality racing prior to the Mount Monster the following weekend.

On Sunday our very own Jake Cowdrey is a coach for one of the teams taking part in The Invitational. This is a representative competition featuring the best and brightest of the sport in NZ spread across eight teams going head-to-head. All the best to the team and Jake for the weekend.

Thank you to our valuable sponsors [Classic Builders](#), [Dimond Roofing](#) and [NutriKiwi](#) for providing our team with some brand new skis and boards to train and race on – we couldn't do this without you!



JUNIOR SURF SPORTS

Last weekend a strong team of almost 40 athletes headed down to Opotiki SLSC for the first carnival of the season – the Bay of Plenty Junior Champs. Congratulations to everyone on an epic day of racing. A stunning day saw the team rise to the occasion and take out first place. The commitment, determination and positive attitude of our team paid off with fantastic results across the age groups. From first timers to our seasoned U14 athletes, everyone took on the challenges of the day, came out smiling and enjoyed the conditions and the racing. Thank you to all our clubbies who put their hand up to official at the event and to our parents who helped on the day managing age groups or supporting the team.

It was easy to spot the Pāpāmoa team in our bright new racing vests and many athletes on brand new boards, so a huge THANK YOU to our wonderful sponsors [Body In Motion](#), [Mitre 10 Papamoa](#), [Pak N Save Papamoa](#) and [CMT Excavations](#). We couldn't do this without your support.

Thank you also to [Grass Roots Trust](#) for their grant supporting our athlete's entry fees this season.

A number of the team will be taking part in the Mini Mount Monster on 17th December. This endurance-based event for our older oceans age groups will see athletes test their skills and stamina in a swimming and boarding event. Good luck to those participating.





JUNIOR SURF

Santa arrives for our last session of the year on 18th December – come and have a fun summer day with your friends and family. Our Christmas BBQ sausage sizzle will be complimentary for all that have taken part in the day!



Photo Competition

During our last session for 2022 (18th December) we'll be running a group photo challenge so make sure your kids come prepared with some Christmas themed accessories!



Pāpāmoa Junior Surf Carnival

Our popular JS Carnival will be back again on 15th January at 9am on Pāpāmoa Beach. It's a teams-based event for our U8 – U14 kids so we'd like to encourage as many people as possible to enter. The carnival costs \$10 per child. Anyone interested in helping please reach out to your coach.



Brews By The Beach

Remember tea and coffee are available upstairs inside the clubhouse from Sandbank each Sunday morning.

Junior Surf Key Dates

Last session for the year with Santa – Sunday 18th December 9.30am

Club Christmas BBQ – Sunday 18th December 12pm

First session for 2023 – Sunday 8th January 9.30am

Pāpāmoa Junior Surf Carnival for under 8s and above – Sunday 15th January 2023 (no JS for U6s and U7s)

Second Race Night – Friday 20th January 2023 4.30-6.30pm

Keep Up To Date

Make sure you sign up to the [Papamoa SLSC Junior Surf Facebook Group Page](#) for regular updates and cancellations.

Thank you to our sponsors below who make all our programmes possible.

G.J. Gardner.
HOMES

www.gjgardner.co.nz

MITRE 10

PAPAMOA

www.mitre10.co.nz

PAKŋSAVE

PAPAMOA

www.paknsave.co.nz



www.bodyinmotion.co.nz



www.classicbuilders.co.nz



www.barretthomes.co.nz

GUILD & SPENCE
ELECTRICAL

A DIVISION OF GUILD & SPENCE ELECTRICAL LIMITED

www.guildspence.co.nz

 **Dimond Roofing**

GET THE EDGE

www.dimond.co.nz



www.bartlettswimschool.co.nz



www.nutrikiwi.com



www.cmtexcavations.co.nz



www.palmsprings.co.nz



www.eves.co.nz



www.palmers.co.nz