



Papamoa

SURF LIFE SAVING CLUB

PSLSC MEMBER NEWSLETTER

July 2023

PĀPĀMOA WINS CLUB OF THE YEAR

Each year a local club is awarded "Club of the Year" at the Bay of Plenty and Coromandel Awards of Excellence. The award recognises participation and achievement in lifeguarding, Surf Sports, Junior Surf and good club management practices. 2023 was our year with Pāpāmoa taking out the award at last weekend's award ceremony.

We topped the table in many of the criteria areas including the number of new and refreshed lifeguards, the number of volunteer hours spent on patrol, the number of nippers taking part in Junior Surf, as well as local and national juniors, seniors and masters surf sport results.

Chairperson Jim Pearson says receiving this award is great recognition for all our volunteers and the work they do. "As a community organisation we should all be very proud of the work we do to keep our community safe," he says.

Congratulations to all nominees, finalists and award winners. Thank you all for an epic season and we look forward to another successful summer ahead!

WELL DESERVED AWARD WINNERS

We also had some outstanding individual winners at the Bay of Plenty and Coromandel Awards of Excellence, and we are very proud of these three members:

Isobella (Bella) Davoren - Coaches Commitment Award

Amelie Pearson - Under 15 Female Sports Person of the Year

Naomi Davoren - Masters Female Sports Person of the Year

An extra special **congratulations** to the following award recipients who have been recognised at regional level for their years of service and dedication to the Pāpāmoa Surf Life Saving Club and surf lifesaving in general:

Joanne Miller - Regional Distinguished Service Award

Naomi Davoren - Regional Distinguished Service Award

Sandra Boubee - Regional Distinguished Service Award

Andrew Hitchfield - Regional Service Award

Jim Pearson - Regional Service Award

Kathryn Stewart - Regional Service Award

[Click here to read more...](#)



Isobella Davoren (left) - Coaches
Commitment Award



Amelie Pearson - Under 15 Female
Sports Person of the Year



Naomi Davoren - Masters Female
Sports Person of the Year



Joanne Miller - Regional
Distinguished Service Award



Naomi Davoren - Regional
Distinguished Service Award



Sandra Boubee - Regional
Distinguished Service Award



Jim Pearson - Regional Service
Award

give a little
POWERED BY  perpetual guardian

LOCALS TAKE ON DRY JULY

A group of friends have decided to give up the drink for the month of July to help raise awareness of the importance of surf lifesaving and water safety.

Headed up by Pāpāmoa local Scott Rushbrooke, the group of seven friends are very passionate about kids learning how the ocean works. "We are a group of residents, surfers, swimmers and fishermen and thought what better way to give back to our local community by fundraising and supporting the Pāpāmoa Surf Life Saving Club's Junior Surf Programme," says Scott.

All funds raised will go towards this season's Junior Surf Programme which starts up again in November. Thank you so much Scott and friends – we really appreciate your support and the effort you are going to for the club and our local kids. Please follow this link to visit their [Give-A-Little page](#) and support the worthy cause.

[CLICK HERE](#) for more information on Junior Surf.



RECORD BEACH ED NUMBERS

We had almost 2000 Pāpāmoa kids attend the Beach Education Programme (Beach Ed) last summer. Run by qualified lifeguards, the interactive sessions are a fun way for our kids to learn how to be safe in and around the ocean, as well as learn how to spot and escape from rip currents.

Beach Ed bookings for next summer are **NOW OPEN**.

[Click here to read more...](#)

IT'S A WIN WIN WIN

Our Administration and Funding Manager Nikki Heatley has been busy applying for grants to support our club and has had three successful applications.

A big **THANK YOU** to Four Winds Foundation, Grass Roots Trust and New Zealand Community Trust (NZCT) whose grants are providing funding towards our two coaches salaries, as well as lane hire for our pool rescue training.

Thank you – we value your ongoing support of the club and the community.



www.fourwindsfoundation.co.nz



www.grassrootstrust.co.nz



www.nzct.org.nz

WELCOME ABOARD FULTON SWIM SCHOOL



The Pāpāmoa Surf Club would like to give a warm welcome to [Fulton Swim School](#) who are generously supporting the club by giving us the lane space for some of our pool rescue training. It's great for our members to have access to a pool that is so local.

Owner Dan Fulton says they decided to support the Pāpāmoa Surf Life Saving Club as we share in their values of keeping families safe in and around the water.

"Fulton Swim School has been part of the Pāpāmoa community for only a few months, so we are just getting started and meeting the great community here," he says.

"Over the coming months we will be introducing more Learn to Swim Classes for the community, lessons from 3 months through to Adult Learn to Swim, Squads, Adult Tri Squads headed by an Elite Ironman Champion and much more to come."

To read more about the Fulton Swim School story [CLICK HERE](#) to visit their website.

ROAD TO THE AUSSIES



Sunshine Coast April 2024



Southland Cheese Rolls

Only \$12 per dozen

Our Senior team hope to conclude their 2023/2024 season with a trip to the Australian National Championships on the Sunshine Coast in April next year. They have had a great start to their fundraising so far with the Casino Night in May - a big thank you to our sponsors and everyone who came along. Next on the fundraising agenda is a Southern Cheese Roll Fundraiser. And no that doesn't involve pushing cheese down a steep hill in Southland, instead the team will be busy in the surf club kitchen at the end of this month cooking up a storm, so don't miss out!

Who doesn't love a grilled cheese roll!? **Get your orders in NOW.**

Pre-orders of \$12 per dozen cheese rolls are available from now until **5pm Saturday 22nd July**. The rolls will be made and ready for collection from the club on 30th July. Thank you to those who have already ordered! Orders can be emailed through to surfsport@papamoalifeguards.co.nz and we will contact you with payment details.

A FAMILY AFFAIR

Most members of the PSLSC will have heard the name Bowling around the club as this is a family who spend much of their free time involved in club activities. Parents Mat and Celia, along with their children Sophie and Toby are all active members of the club and show how many different roles there are for families to join in.

14 year old Sophie and 12 year old Toby were both hooked as soon as they started Junior Surf aged 8 and 6. "We moved over from Hamilton in 2017 to be closer to the beach and one of the first things we did was sign them up to Junior Surf on Sundays to teach them water safety," says Mat.

[Click here to read their story...](#)



Celia and Mat Bowling



Toby Bowling



Sophie Bowling

LIFEGUARDING



Wāhine on Water

The largest ever group of females attended last month's Wāhine on Water at Waihi Beach including nine of our very own from Pāpāmoa. 14 year old newly qualified lifeguard Emily Mardon said it was an amazing experience and she can't wait for next year. "It was great hanging out with other wāhine and girls who share the same passion for surf lifesaving," she said.

"We started off the day with a briefing then we went on to set up the boats. We all worked together to take the boats fully apart then put them back together. After lunch we got to have our turn on the water. I got to learn new skills in the boats. One of the things I learnt was how to pick someone out of the water, similar to how you would when you are doing patient pickups in a race. I really love Wāhine on Water and would recommend it to all the wāhine who want to learn and explore the IRBs more."

The course is an IRB development day for females to spend a fun day in an IRB learning tips from some of the best female IRB drivers in the region. The aim is to promote a supportive and non-intimidating environment to give it a go, sharpen up skills or simply make some new friends in surf.

Winter Training Opportunities

Have you been thinking of getting more involved at the club, or want to try something new next season? Now is the time to start planning! It's during the quieter winter months that many of our courses take place. It's a great time to brush up on your skills and knowledge or learn a new skill. Here are some dates of upcoming courses to pop in your calendars.

Sunday 16th July - Surf Official Level 1- Pāpāmoa SLSC
Saturday 22nd July - Instructor Training course – Mount Maunganui LS
Sunday 13th August - Patrol Captains course - Whakatane SLSC
Sunday 20th August - Surf Official L1 - Waihi SLSC
Saturday 16th September – Intro to Junior Surf Coaching – Waihi SLSC
Sunday 17th September – Intro to Junior Surf Coaching – Omanu SLSC
Saturday 14th October – Patrol Captains course – Maketu SLSC
Tuesday 17th October 7pm – Junior Surf pre-season briefing – ONLINE
Thursday 19th October 7pm – Rookies pre-season briefing – ONLINE

See a full list of courses and register via the [SLSNZ Calendar](#) or [SLSNZ Eastern Region Facebook Page](#).

POOL RESCUE



GOOD LUCK to everyone taking part in this Sunday's BOP Pool Rescue Day at Baywave. We have a 40+ strong team with swimmers in every category from the youngest under 11s to the experienced masters. This is a great local first event of the season for members to jump in and have a go!

It's not too late to join if you'd like to give Pool Rescue a try. [CLICK HERE](#) for more information and to register through our website.

Also, a reminder that the Eastern Region Pool Championships on 26th and 27th August has been moved to Hamilton due to the potential delays with the new pool complex in Gisborne.



A big thank you to [Fulton Swim School](#) who are generously letting us train in their pool throughout the season.

CALLING ALL PARENTS & MASTERS

Are you fed up with your kids having all the fun? There are many different options for our parents and masters to get involved at the club from lifeguarding at Junior Surf, jumping into Pool Rescue or learning how to paddle a surf ski.



Pool Rescue

Some people are put off by the challenging conditions of the ocean - which is where Pool Rescue can help build skills and confidence through the winter months. It's wonderful to see that this year's Pool Rescue team not only includes the usual lifeguards and surf sport athletes, but also Junior Surf coaches and parents, committee members and Board members.

Some of these members are really going outside their comfort zone to tackle obstacles, swim with fins, patent tow, rope throw, relays and much more. Well done to everyone who is giving it a go and having a whole heap of fun along the way.

We are still at the start of the season so it's not too late to join in. If you are keen to join our masters in Pool Rescue, please email Radleigh at surfsport@papamoallifeguards.co.nz



Surf Ski

If you're keen to learn a new skill, or brush up on something you did in your younger years, we currently have a group of masters doing a beginner ski course. The group includes some Junior Surf parents who say it's a great way to meet new people, get out on the water without getting too wet (!) and keep up their winter fitness.

Gillian Johnston says it's a great way to learn a new skill while being surrounded by a supportive group of people. "Every weekend the team aims to meet at the harbour in a safe, fun and supportive environment so anyone can get involved," she says. "There are a range of fitness levels and abilities from absolute beginners to those who are more experienced. Jack's guidance helps beginners gain confidence and develop skills."

Radleigh Cairns says it's a tricky skill to learn but the committed group are making fantastic progress. "Just getting your balance right on one of these is an accomplishment in itself," he says.

If you are keen to come along and give this a go, please email Radleigh at surfsport@papamoalifeguards.co.nz



Junior Surf Lifeguard

Are your kids desperate for summer to come around so they can get back to the beach? Do you wish you could jump in the water with them but you're not keen on instructing a group of kids? If so, why not consider becoming a lifeguard.

Each summer we always need lifeguards at Junior Surf sessions to keep kids safe in the water and we had a good number of Junior Surf parents qualify as lifeguards last season.

If this is something you'd like to find out more about, please email Matthew Strange at juniorsurf@papamoalifeguards.co.nz

SENIOR SURF SPORTS



The weather has been very unsettled recently but it hasn't stopped our surf sport athletes continuing with their training. They've had fun on their boards in some great waves over the last couple of weeks as well as getting out to paddle their new surf skis.

A massive thank you for the ongoing support of our sponsors whose funding allows our athletes to train on this excellent equipment:

[Dimond Roofing](#)

[GJ Gardner](#)

[Guild and Spence Electrical](#)

[Jarden](#)

JUNIOR SURF



Thanks to everyone who filled out our recent Junior Surf survey – 9 out of 10 of you said you enjoy Junior Surf which is great to hear! We really value your feedback. The wild weather was certainly a challenge last summer so we're hoping next season will be more settled as we have lots of fun ideas and activities to share. The Junior Surf Committee are looking forward to getting their planning underway so watch this space.

Thank you to everyone who has put your hands up to help out next season – 3 out of 4 of you said you want to be more involved. It was wonderful to hear that our coaches love being part of Junior Surf and everyone is either returning or considering returning next season.

Congratulations to David Cox who was picked at random from everyone who completed the questionnaire. David has won a child's Junior Surf membership for next season absolutely free – well done and see you on the beach!!

Thank you once again to [Body In Motion Pāpāmoa](#) whose support of our club continues to add huge value to Junior Surf – we couldn't run such an awesome programme without your support.

Thank you to our sponsors below who make all our programmes possible.



www.gjgardner.co.nz



www.guildspence.co.nz



