

PSLSC MEMBER NEWSLETTER

August 2023

BOARD MEMBERS CONTINUE

Thank you to everyone who attended last weekend's Annual General Meeting (AGM) which reflected on the successful 2022 / 2023 season. Our club is fortunate to have a large number of members who consistently give up their time to support the club and make this the wonderful community hub that it is. We are also very fortunate to have a group of committed Board members who are continuing their service into the next season.

If you would like to read the meeting minutes or the Annual Report CLICK HERE to visit our website.

Our Board members for the 2023 / 2024 season are:



President
ANDREW HITCHFIELD



Chairperson JIM PEARSON



Director of Finance MATHEW BOWLING



Director of Health & Safety
MICHAEL LEACH



Director of Lifeguarding MATTHEW DAVOREN



Director of Surf Sports
JOANNE MILLER



Director of Junior Surf MATTHEW BILLETT

CHAD WHEELER OBITUARY

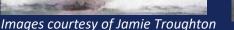
So many of us are devastated to have lost a mate and fellow clubbie with Chad Wheeler's sudden death on Monday 24th July.

A lot of you would've known Chad as one half of a dynamic IRB duo, with his twin brother Kirby; an instrumental part of Pāpāmoa Surf Club's national and international IRB domination a few years back. Racing for Pāpāmoa SLSC, Mount Maunganui Lifeguard Service and more recently for East End Surf Life Saving Club, the "Twins" crew won a number of World, New Zealand, North Island and other titles. Chad won a world title for IRB racing for Pāpāmoa. A keen explorer, Chad travelled extensively and also had a passion for Moto Cross Racing.

Chad was a quiet bloke with a warm and ready grin. He was a willing and eager volunteer lifeguard, but nothing made him happier than hitting waves and hanging on by fingertips, feeling the wild spray and speed of racing little orange boats. He also gave generously of his time teaching others and was heavily involved in water safety and call-outs.

To Kirby, Sarah, Dana and Pete, the wider Wheeler whanau, and to his close mates who've patrolled, raced and travelled with Chad over the years - know that we share that awful hollow feeling in your chests. Your loss is also our loss and we'll cherish his memory.









QUIZ NIGHT TICKETS SELLING FAST

Over **HALF** of the tickets have already sold for this event so get in quick!

CLICK HERE TO BUY YOUR TICKETS

A massive THANK YOU to these organisations who have donated prizes so far - we couldn't do this without you:

G.J. Gardner Homes NZ Rotorua Canopy Tours Super Liquor Papamoa Fulton Swim School Papamoa
Palmers Bethlehem
Mitre 10 Papamoa

Beachkidz Comvita Jarden





ONGOING TRAINING

As we head towards the start of the 2023/2024 season there are still many opportunities to upskill as well as jump into a new area of surf lifesaving, so make sure you keep up to date. A full list of courses and registration details are on the <u>SLSNZ Calendar</u> or the <u>SLSNZ Eastern Region Facebook Page</u>

LIFEGUARDING



IRB Drivers Learning The Ropes

Most of our trainee IRB drivers had never driven an IRB before, so it's been wonderful to see the progress they have made over recent weeks. The fundamentals of operating an IRB include how to setup and start an engine, launching from the shore, proceeding though surf, steering and throttle control and how to return to shore.

It's been great combining our training with both the Mount and Maketu clubbies.



Next on the agenda is some more advanced driving skills, maritime rules and regulations, solo driving and patient rescues – in larger surf!

IRB Engine Maintenance Workshop - OPEN TO ALL

We have our annual IRB engine maintenance workshop coming up on August 13th. This is an excellent opportunity to learn about IRB engine maintenance and servicing in a structured workshop delivered by SLSNZ's Dave Hickey.

The workshop is open to anyone to attend. You do not have to be a lifeguard or IRB driver. It's a great learning experience, and a way to help out the club. We are required to maintain and service our engines annually, which ensures our engines are up to standard and ready for our upcoming patrol season, all the training we do, event guarding and Search and Rescue (SAR). We have 8-9 engines and require at least 2 people per engine.

Please let us know if you are able to attend. For more information, refer to the post on the <u>Lifeguards</u> Facebook Page or contact Ryan Hohneck directly via email: rhohneck@gmail.com



IRB Engine Maintenance Workshop

WHEN: Sunday 13th August from 10am - 3pm
WHERE: Papamoa SLSC in the downstairs gear shed
BRING: Please wear old clothes as it does get a bit messy!

We will provide chips and pizza for lunch!

POOL RESCUE



With the biggest team entered it's no wonder our Pool Rescue athletes smashed it in the pool at last month's BOP Pool Rescue Day at Baywave. Well done to everyone who took part - from our youngest under 11s to the experienced Masters. You all did Pāpāmoa proud!

Skill development was a priority for this first event of the season and with swimmers in every category, the team learned a lot. Thank you to all the volunteer officials, helpers and water safety crew who made it all happen.

The training continues as the team start to refine their skills in the lead-up to the Eastern Region Pool Rescue Championships in Hamilton on 26-27 August 2023.

Everyone in the Pool Rescue team should have received an email invitation to the ERCs now so make sure you check your emails and sign up. A big thank you to the club for subsidising the entry fee to this event - we are very privileged to have a facility that enables the club to host functions and give back to its members in this way.

Don't forget with all our events, if you can't be there on the day, you can follow the results on the live <u>WAVES</u> system.

For more information on Pool Rescue CLICK HERE to visit our website.



A big thank you to <u>Fulton Swim School</u> who are generously letting us train in their pool throughout the season.

SENIOR SURF SPORTS

Road to the Aussies

Our seniors are going to very busy in the kitchen this weekend making over 6000 cheese rolls!! Thank you to everyone who supported our Southland Cheese Roll fundraiser which will go towards helping the team transport their equipment over to Australia in March next year for the Aussies.

Fitter Faster Seniors

The senior team continue to train through the colder months and have been focusing on their craft skills and overall fitness in preparation for the summer season. As we move into August the team will be looking to attend some winter series events along the beach, as well as the Cambridge to Hamilton River Paddle at the end of September. Keep an eye out for registrations coming soon.

If you have any questions regarding the Senior Winter or Summer Programmes, please speak to Jake Cowdrey or send him an email coach@papamoalifeguards.co.nz







Fitter Faster Masters



As well as a big team of Masters in the pool, we are still providing an opportunity for our Masters to try their hand at surf ski. The team get out most weekends either at the club or down at Pilot Bay based on conditions. As the water begins to warm up we will look to include some board, swimming and canoe sessions.

If you are interested in coming along please email Radleigh Cairns surfsports@papamoalifeguards.co.nz. Also make sure you sign up to the Masters Facebook Page for ongoing updates.

JUNIOR SURF SPORTS

Our Junior Head Coach Jack Bullock is busy planning for the new season which is fast approaching. Over the next few weeks we will provide some further information about what the Oceans and Oceans Development Programmes will look like for the 23/24 season.

These programmes are designed to build on the skills our juniors begin learning on a Sunday at Junior Surf. The focus is on skill development and fun while providing a challenging environment as the team build towards the various carnivals through the summer season.

Make sure you sign up to the Ocean Athletes Facebook Group Page as this is where regular updates are posted.



SAVE THE DATE!

Our very popular Oceans Camp is a great opportunity for some fun team building at the start of the season. This will be held in Ohope from 10th – 12th November so save the date and keep an eye out for more details to come.

JUNIOR SURF



The countdown is on to Junior Surf registrations which open on **1st September 2023.**

Thank you to everyone who has put your hand up to help out next season — it's wonderful to hear that our coaches love being part of Junior Surf and everyone is either returning or considering returning next season.

Here's a reminder of the key dates for the upcoming season. More details will follow in the next newsletter.



2023/2024



JUNIOR SURF SEASON DATES

Registrations Open	Friday 1st September	Visit www.papamoalifeguards.co.nz/register to register online
Registration & Uniform Collection Days	твс	 Register for the season Collect your child's uniform ready for the season ahead At the Pāpāmoa Surf Club – downstairs in the training room
First session of the season	Sunday 5 th November 9.30am start	Welcome to the new season
Last session for 2023	Sunday 10 th December 9.30am start	Santa will arrive in style!
First session for 2024	Sunday 14 th January 9.30am start	Welcome back to the beach
Pāpāmoa Junior Surf Club Championships & Last session of the season	Sunday 3 rd March 9.30am start	 A highlight of the season for our Nippers to earn medals and showcase what they've learnt throughout the season For all participants, under 6 and above

Junior Surf Coaching

Junior Surf (JS) coaches are all volunteers, and the club is always looking for more parents and caregivers to jump onboard and learn alongside their kids. There are two sessions coming up which we'd highly recommend to all JS coaches or those thinking about giving it a go.



Introduction to Junior Surf Coaching

Where: Omanu Surf Life Saving Club

When: Sunday 17th September @ 9am

CLICK HERE to register

CLICK HERE for more information

This course provides entry level learning for JS coaches, parents and clubbies new to coaching at a junior surf level. It covers a range of junior surf activities with a special emphasis on a holistic coaching approach. The course is the first step on the Surf Life Saving New Zealand coaching pathway. Coaches interested in further developing their coaching skills can then progress to the Developing Surf Coach Course.



Junior Surf Coaches Forum

Where: The Rescue Centre, 64 Golf Road, Mount Maunganui

When: Sunday 8th October @ 9am

CLICK HERE to register

The coaches forum is a networking session for coaches (old and new) to get together, share ideas and ask questions. It is suitable for any level and something that coaches have been asking for.

If you have any questions about either of these courses please contact Robynne Cabusao on 027 457 1019 or via email robynne.cabusao@surflifesaving.org.nz



Thank you to <u>Body In Motion Pāpāmoa</u> whose support of our club continues to add huge value to Junior Surf – we couldn't run such an awesome programme without your support.



STAFF WANTED

Do you know someone that is great with kids and would make an awesome teacher?

Part time positions available Full training provided Scan the QR code to apply online



Thank you to our sponsors below who make all our programmes possible.







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