



Papamoa

SURF LIFE SAVING CLUB

PSLSC MEMBER NEWSLETTER

22nd September 2023

CLUB NIGHT IS ON!

We'd love to see our members getting together at tonight's Club Night. What could be better than drinks out on the deck watching the sunset over our stunning Pāpāmoa Coastline. The bar opens at 5pm with club price drinks. And don't forget we have dinner sorted for you and the kids with meal options available.



Here are the food options available tonight:

Nachos = \$10 for an adult portion and \$7 for a kids portion (GF available)

Mac n Cheese = \$10 for an adult portion and \$7 for a kids portion

Fries = \$5

Loaded Fries (cheese sauce, BBQ sauce, bacon bits, sour cream, spring onion) = \$10

PAP OFFICIALS GO GLOBAL



Congratulations to three of our clubbies who have been appointed to official at the Lifesaving World Championships on the Gold Coast in August/September 2024. Jo Miller, Michael Leach and Radleigh Cairns will take up roles in both the National teams and Interclub competitions. With over 350 applications received for 150 official spots, to have three Pāpāmoa officials attending is fantastic.

It's amazing to see what helping out as officials at Junior Surf carnivals can lead to!

BIGGEST COMPETITION THAT LIFESAVING SEES



5,000+
ATHLETES



12,000+
SPECTATORS



50+
COUNTRIES

CAN YOU HELP?



On **Tuesday 28th November** our local emergency services will be running their annual Food Drive. This is a great opportunity to give back to the community who support us so please consider putting your hand up to help if you can. We'd love to see Lifeguards, Patrol Support, Rookies, Junior Surf and any other clubbies involved. More details on this will follow so for now please **SAVE THE DATE!**

LIFEGUARDING

papamoyalifeguards.co.nz

**BECOME A
LIFEGUARD**
SUMMER 23/24

REGISTRATIONS NOW OPEN



**EXPERIENCE
THE GREAT
OUTDOORS**



**LEARN WITH
QUALITY
TRAINING**



**IMPROVE
YOUR WATER
CONFIDENCE**

Registrations for our summer season volunteer lifeguard positions are **NOW OPEN** so make sure you sign up. [CLICK HERE](#) to go to our website for more details and to register.



Refreshers

There will be a dry refresher and training at the club on 15th October between 1.30pm – 3.30pm, followed by a sausage sizzle and the Club Bar will be open. Please try to complete your theory refresher before then if possible. [CLICK HERE](#) to sign in to the SLSNZ member portal, go to etrainu and enroll in the Surf Lifeguard Award (SLA) Refresher.



Back on the Beach

Patrols start up again on Labour Weekend, Saturday 21st October, including a beach blessing and breakfast. Lifeguards will have an opportunity to complete a wet refresher on this day. The patrol schedule is currently being finalised and will be published soon.



IRB Drive Refreshers

Details of IRB Driver Refreshers will be confirmed soon so please make keep an eye out on Facebook for details to follow.

Make sure you sign up to the [Lifeguarding Facebook Group Page](#) for regular updates.

ROOKIES

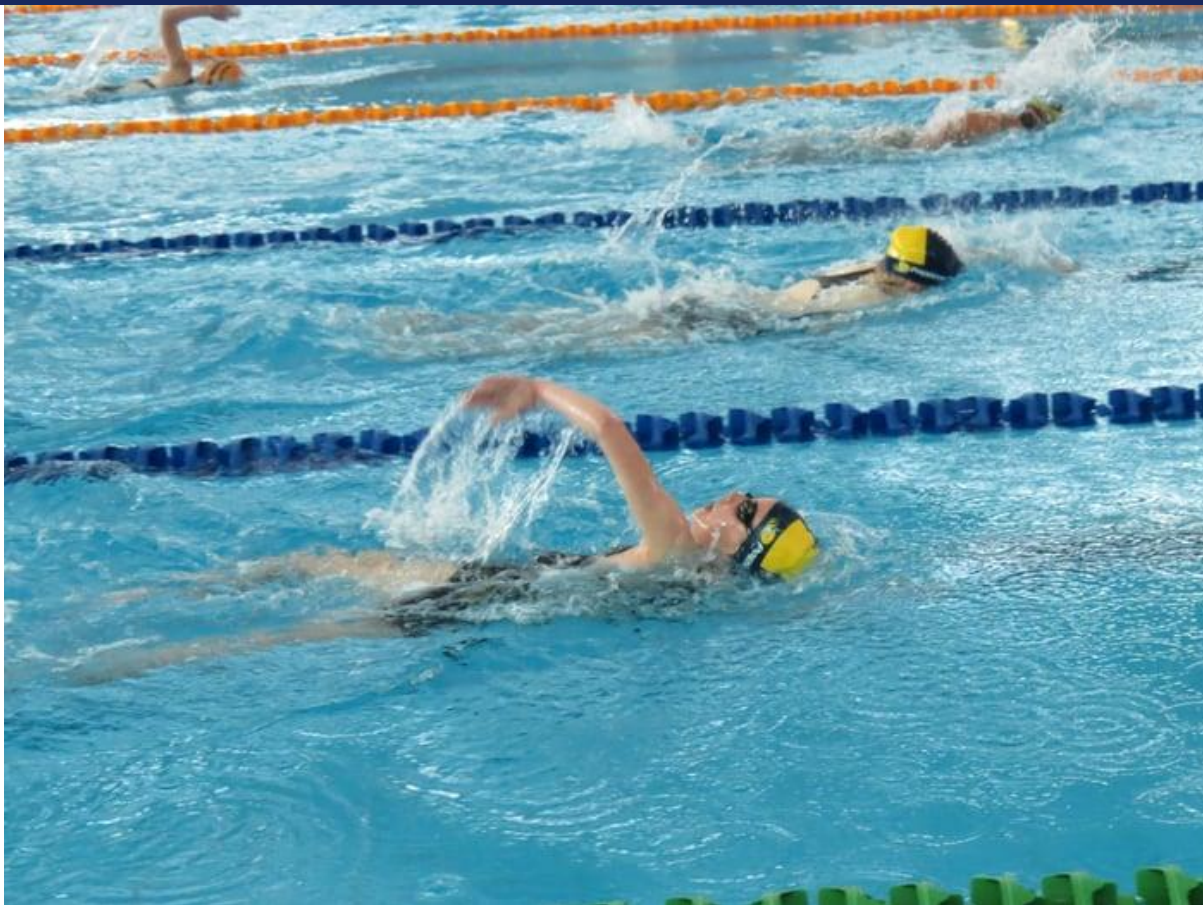


Meet the Coach

All Rookies must have their 200m safety badge to take part in the water-based elements of the programme. If you'd like to talk to Rookies Coach Jamie Mardon in person about the Rookies programme, he will be at the 200m badge testing this Saturday 23rd September between 2pm-3pm at [Fulton Swim School](#), and would love to meet you and talk more about Rookies. And of course you can complete your 200m badge at the same time.

[**CLICK HERE**](#) for more information on Rookies and to register your child.

POOL RESCUE



GOOD LUCK to our 40 plus members who are heading up to Auckland next weekend for the National Pool Rescue Championships. We are very proud to be sending such a large team to the big season finale, especially one that is made up of so many Masters.

Thanks once again to our sponsor [Fulton Swim School](#) who have supported our training throughout the season and also to our Pāpāmoa Officials who are giving up their time to attend the event.

[CLICK HERE](#) to follow the results LIVE online and watch the team rack up the points!

SENIOR SURF SPORTS



If you happen to be in Hamilton this Sunday keep an eye out for our clubbies who will be taking part in the Cambridge to Hamilton paddle down the Waikato River. You will see the senior team riding [Dimond Roofing](#), [GJ Gardner](#), [Guild and Spence](#), and [Jarden](#) surf skis. The race is a great curtain raiser to the season ahead with two race distances of 23km or 11km finishing in the heart of Hamilton.

Good luck team and have fun!

Senior Summer Training kicks off during the school holidays – [CLICK HERE](#) for more information.

Details of the BOP Spring Series have been released where the team will get to race against our local clubs in a friendly hit out, so save the dates below.

2023 Bay of Plenty Spring Series

#1 Downwind Omanu-Papamoa #2 MMLS Craft Rounds

Date:	Saturday 14 October 2023, 9am start – location to be advised conditions pending Saturday 4 November 2023, 9am start MMLS
Venue:	Series #1 - Omanu or Papamoa SLSC Downwind Board or Ski, wind direction determines start Series #2 - MMLS - Ski and Board racing rounds

JUNIOR SURF

Junior Surf registrations are open and filling fast! We are looking forward to a great season. To ensure we are all safe on the beach we have capped age group numbers, this is mainly due to the number of people who have put their hands up to coach. To consider raising an age group cap, we need more coaches. If you have any interest in coaching, please let us know. You don't need any experience, just a good attitude and willingness to work with the other coaches in your age group to run sessions for the kids. We will always make sure you are supported in the coach role. You will see when you sign up your child for Junior Surf, that there is an option to choose how you can help us out. If you don't feel comfortable coaching there are other ways to help out e.g. on the BBQ roster, or as an Age Group Manager for carnivals etc.



Junior Surf Coaches Briefing

If you have put your name down to coach or have been thinking about helping out, we are having our pre-season coaches briefing on Thursday November 2nd @ 5.30pm upstairs at the club. We will run over H&S, tips and tricks, meet the other coaches in your age group and other key info for the season. We would love to see as many of you there as possible.

And don't forget there is also the Bay of Plenty Junior Surf Coaches Forum where you can meet coaches from other clubs in the region to share ideas and learn from them. This is taking place on Sunday 8th October @ 9am at The Rescue Centre, 64 Golf Road, Mount Maunganui. [CLICK HERE](#) to register for this session.



Junior Surf Lifeguards – WE NEED YOU!

To run a safe Junior Surf programme we also need qualified lifeguards. If you currently have your lifeguard qualification or have previously held one and want to refresh it, we would love to hear from you. Please email juniorsurf@papamoalifeguards.co.nz if you are available to help lifeguard during the Junior Surf season. If you've not done it before, [CLICK HERE](#) to find all the details on our website about becoming a lifeguard. Training starts in October.



Board Fundamentals

Registrations are open for the pre-season Board Fundamentals Programme which is available for our under 9 and above athletes and will be run over three weekends in October. [CLICK HERE](#) for more details.

200M BADGE TESTING SESSIONS

Dates: 23rd Sept or 29th Oct 2023

Time: 2pm - 3pm

Location: Fulton Swim School,
15 Market Place, Pāpāmoa

There is no need to book, just turn up during these times.

DON'T FORGET...

...that all under 9 and above Junior Surf participants who wish to paddle foam boards (also called knee boards) are required to complete a 200m safety badge test before the start of the season. The first session takes place tomorrow.

THIS NEEDS TO BE COMPLETED EVERY SEASON.

[CLICK HERE](#) for more information.



Pre-season Event – Save the Date!!!

This year we are excited to hold a pre-season Halloween Disco for our Junior Surf kids. Parents will also be welcome down the other end of the club closed off from the disco mania, with the bar open for a drink and pre-season catch up. Save the date - **Saturday 28th October**. Watch out for more details on the [Junior Surf Facebook Group Page](#) and in your emails.



Thank you to [Body In Motion Pāpāmoa](#) whose support of our club continues to add huge value to Junior Surf – we couldn't run such an awesome programme without your support.

Here's a reminder of the key Junior Surf season dates as well as the carnivals and events taking place this season...



2023/2024

JUNIOR SURF SEASON DATES



Registrations Open	Friday 1 st September	Visit www.papamoalifeguards.co.nz/register to register online
Registration & Uniform Collection Days	Tues 17 th & Thurs 26 th October 4pm - 6pm	<ul style="list-style-type: none">• Register for the season• Collect your child's uniform ready for the season ahead• At the Pāpāmoa Surf Club – downstairs in the training room
First session of the season	Sunday 5 th November 9.30am start	<ul style="list-style-type: none">• Welcome to the new season
Last session for 2023	Sunday 10 th December 9.30am start	<ul style="list-style-type: none">• Santa will arrive in style!
First session for 2024	Sunday 14 th January 9.30am start	<ul style="list-style-type: none">• Welcome back to the beach
Pāpāmoa Junior Surf Club Championships & Last session of the season	Sunday 3 rd March 9.30am start	<ul style="list-style-type: none">• A highlight of the season for our Nippers to earn medals and showcase what they've learnt throughout the season• For all participants, under 6 and above



2023/2024



JUNIOR SURF CARNIVALS & EVENTS FOR UNDER 6 – UNDER 14 ATHLETES

Mini Mount Monster Mount Maunganui	Saturday 16 th December 2023	<ul style="list-style-type: none">• An awesome event to kick start the summer season• Includes a 600m swim, 1200m board & a 600m run• For under 13 & under 14s only
Coastal Challenge Mount Maunganui	Sunday 17 th December 2023	<ul style="list-style-type: none">• A fun day of alternative individual races• For under 11-14 Oceans members
BOP Junior Surf Carnival Pāpāmoa	Sunday 7 th January 2023	<ul style="list-style-type: none">• Traditional style of racing featuring team and individual events• For under 11-14 Oceans members
Pāpāmoa Junior Surf Carnival Pāpāmoa	Sunday 21 st January 2024	<ul style="list-style-type: none">• Our opportunity to host a local carnival• Team events only• For under 8s and above
Eastern Region Junior Carnival Whangamata	Saturday 10 th & Sunday 11 th February 2024	<ul style="list-style-type: none">• A big regional event for our junior athletes• For under 11s and above
Oceans Festival of Surf Mount Maunganui	Thursday 22 nd – Sunday 25 th February 2024	<ul style="list-style-type: none">• The largest Junior Surf Life Saving event in New Zealand for junior athletes• For under 11s and above
Pāpāmoa Junior Surf Club Champs Pāpāmoa	Sunday 3 rd March 2024	<ul style="list-style-type: none">• A highlight of the season for our nippers to earn medals and showcase what they've learnt throughout the season• For all athletes, under 6 and above

Thank you to our sponsors below who make all our programmes possible.



www.gjgardner.co.nz



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