

PSLSC MEMBER NEWSLETTER

21st December 2023



MERRY CHRISTMAS AND A HAPPY NEW YEAR

We'd like to wish all our members a safe and happy Christmas and New Year. This is the busiest time of the year for our lifeguards and members who volunteer their time. Each summer we have thousands of visitors to our beautiful beach and we'd like to say a massive **THANK YOU** to everyone for the time you give to the club and to keeping our community and visitors safe.

Remember if you are heading to the beach, choose a lifeguarded one and swim between the flags. Visit www.safeswim.org.nz for all the details of lifeguarded beaches across New Zealand.

OFFICE SHUT DOWN

The surf club office will be closed for the Christmas break from 2.30pm Friday 22nd December, opening again at 9am Monday 8th January 2024.



THANK YOU TO YOU ALL

As the year comes to a close, we'd like to thank each and every one of our sponsors and supporters. With their help and ongoing commitment to the club we can continue to train and develop fitter, faster lifeguards; keep our older kids in sport by offering quality surf sport coaching; retain our adults at the club by offering different Masters options like surf canoeing and pool rescue training; teach our Junior Surf kids critical life skills of water safety and how to be sunsmart; and of course keep our community safe on the beach.

We'd also like to give a big SHOUT OUT to our grant funders. Our most recent grant has come from the Lion Foundation for their Administration Management Grant Fund – thank you Lion Foundation.

CELEBRATING SUCCESS

As well as their successes at the Pāpāmoa Surf Club, we have a number of our young members doing great things out in the community. We'd like to offer them all our congratulations. Here are a few examples of our members recent achievements...



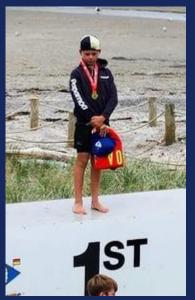
Mason Bollee has been nominated for the Youth Spirit Award as part of the 2023 Western Bay Community Awards. These awards shine a spotlight on many of the unsung heroes working quietly in the background to make our community a better place to live. Pāpāmoa SLSC Chairperson Jim Pearson said "Congratulations Mason. I am glad to hear you have become a very deserving finalist. You are a great role model and representative of our Club and community. Awesome achievement!" The awards are held in March 2024 so we wish Mason the best of luck.



Ryan Teixeira has been appointed as Student Representative on the Pāpāmoa College Board for 2024.



Fergus McHardy is the 2024 Deputy Head Student at Pāpāmoa College.



Kobe Kelly is the 2024 Deputy Head Boy at Te Puke Intermediate.



Arianna and Carina Roberts both represented their school at the recent Australian High School National Volleyball Championships in the Gold Coast. This is the biggest volleyball tournament in Australasia and their team came 6th in the top division, so an amazing achievement. Arianna has been selected for the Under 19 New Zealand Volleyball Team and is also on the Sports Committee at Tauranga Girls College for 2024.



And of course a big a shout out to all our surf club parents who don't get an award or a trophy but you've made it through another year of supporting your kids – **WELL DONE!!**

PEER SUPPORT FOR ALL

As we approach the busiest part of our season, don't forget that all members have access to free Benestar counselling and SLSNZ Peer Supporters are available to support our wellbeing.

Peer Supporters are specially trained SLSNZ members who can provide confidential support to their fellow members on a range of issues including wellbeing concerns, personal stress, and traumatic lifesaving incidents.

Feel free to contact one of our Peer Supporters for a confidential chat...

Ailsa Cowdrey 027 324 5097
Kathryn Stewart 027 359 3900
Poppy Crouch 027 537 7233
Robynne Cabusao 027 457 1019
Shaun Smith 027 542 1134

CLICK HERE for more information on Benestar and wellbeing within Surf Life Saving New Zealand.

LIFEGUARDING

A huge **CONGRATULATIONS** to our newly qualified lifeguards and patrol support. It's great to see so many new faces stepping up to keep our community safe on the beach this summer. Good luck for your first season patrolling Pāpāmoa Beach and thank you for your time and commitment to the Pāpāmoa Surf Life Saving Club.

A big **CONGRATULATIONS** also goes to Jamie Mardon who completed his instructors award this month.



There's still time to jump onboard and get qualified for the summer. The next course starts on 14th January 2024. **CLICK HERE** to visit our website for all the details.



Keep In Touch

As we're heading into our busy season and everyone hits the beach to relax and catch the waves, please make sure you communicate with your Patrol Captain if you're not available to join your patrol.



Rescue Tubes

We are missing some tubes from the club so please check in your garage or the back of your car and return them to the club if you have any.



Radio Communication

We'd like to encourage every lifeguard to complete the SLSNZ Radio Communication Course as this is a critical part of lifeguarding. **CLICK HERE** for more details.

SENIOR SURF SPORTS

What an epic start to the season with our seniors involved in four fantastic events over the last two weekends.



Whangamata Classic

The Whangamata Classic saw the team go up against the best in the Northern Region along with other clubs from across the North Island. They put on an impressive display with Pāpāmoa having 5 athletes in the U17 female iron final and 6 athletes in the U15 male diamond final.

The Invitational

The following day saw most of the squad involved in either the U17 Regional Challenge or The Invitational. Eastern Region had two teams in the U17 competition that finished first and second. Congratulations to Trelise Chote, Zac Cairns, Bella Davoren, Oliver Pepers and Luke Gillbanks who were in the winning team and to Jess Pilbrow, Georgia Davoren and Maddi Greetham who came second. Amelie Pearson was picked for Team O'Fee for The Invitational in the afternoon and put in a strong performance to help her team to third overall in what was a fantastic experience.

The Mount Monster

Last weekend the team took on the epic Mount Monster which includes a 12km ski, 5km beach run, 1.5km swim and jump off leisure island, and a 6km board. It can be done either as individuals or in a team. The results really showcased all the hard work the team has put in over the winter and spring.





Individuals

Trelise Chote 3rd female overall and 2nd U19 female Maddi Greetham 6th female overall and 4th U19 female Amelie Pearson 8th female overall and 6th U19 female Zac Cairns 12th overall and 4th U19 male Mason Bryant 18th overall and 9th Open male

Teams

Luke Gillbanks and Lockie Cairns 1st U19 male team
Oliver Pepers and Triton Dickins 2nd U19 male team
Sophie Bowling, Jessica Pilbrow & Alex Thompson 3rd Open women's team
Georgia and Bella Davoren 8th U19 female team
Ryan Bevin and Fergus McHardy 11th U19 male team
Jack Bullock and Sean Leach 12th Open male team
James Whittaker 6th U19 male team



Finally thank you to all of those who have helped the squad so far this season, whether volunteering to official at carnivals, team managing, transporting gear or athletes or heading along to support the team. Also a big thanks to the club sponsors who have continued to support Pāpāmoa surf sports. The squad have a short break before coming back in the New Year for a number of carnivals heading into Nationals in March.

JUNIOR SURF SPORTS

Our Junior Surf Sport athletes are also achieving great things. A huge congratulations to Sophia Maltai-Spence who won the girls Mini Mount Monster heat on Friday and then went on to win the final on the Saturday. Ty Kelly also made it through the heats in the boys race on the Friday and went on to place 4th in the final on the Saturday. The Mini Mount Monster is a mini version of its big brother with an M shaped swim followed by an M shaped board. It's wonderful to see our lifeguards in training achieving these amazing results.



Sophia Maltai-Spence won the girls category in the Mini Mount Monster.



Ty Kelly finished in 4th Place in the boys Mini Mount Monster.

The Oceans squad had a busy weekend with the Coastal Challenge on the Sunday. The Coastal Challenge is a fun event that's a bit different to our normal carnivals and it was great to see the team get into the spirit of it and enjoy some short sharp racing. Big takeaways for the team were being able to practise board entry and exit through a challenging Mount shore break that will hold them in good stead for Oceans '24 at the end of the season.

Still to come

The next Carnival for all our teams including Juniors, Seniors and Masters will be the BOP Champs being held here at Pāpāmoa between the 5th and 7th January. You may have seen the Facebook posts requesting helpers for the event. There are a number of roles that we need to fill to make sure we put on the best carnival we can. Please comment on the posts or email surfsport@papamoalifeguards.co.nz if you can help out even for a few hours over the course of the weekend.

Roles include:

Work Party - set up/pack down and other jobs throughout the event First Aid - there will be a first aid gazebo for competitors on the beach Water Safety - setting courses / watching competitors during racing Junior Carnival Arena Lifeguards - rescue ready within each arena

OCEAN DEVELOPMENT HOLIDAY PROGRAMME



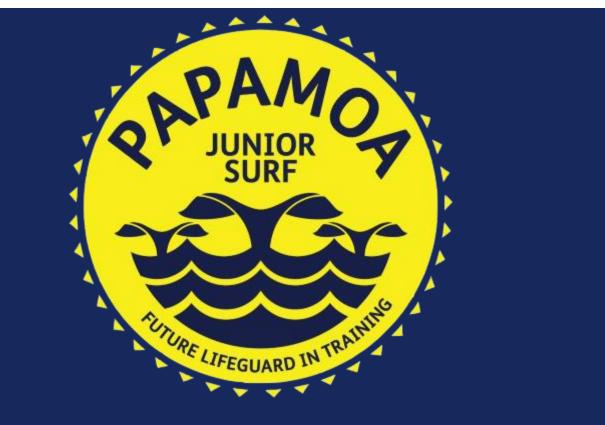
There's still time to sign up for our Ocean Development Holiday Programme for kids aged between 8 and 13 years old who have their 200m safety badge. Our Junior Surf Sunday sessions take a break over the school holidays so this is ideal for those who want to continue training over the holidays.

The training takes place 3 times a week during January and focuses on board paddling, beach skills and surf swimming. Developing strong surf, board and race skills are important in developing the next generation of lifeguards.

Please note:

- Those already doing Ocean Development do not need to sign up again for the holiday programme, it is included in your original registration.
- If you sign up to the holiday programme you can continue the Oceans Development Programme through to the end of the season in March 2024.
- Every participant must have their 200m badge to be able to take part, so if your child doesn't have this, please email coach Jack at oceans@papamoalifeguards.co.nz to discuss further.

<u>CLICK HERE</u> for more information on Ocean Development and then follow the REGISTER NOW link to sign up.



Thank you and see you next year!
We have had a great start to the season and our last session for 2023 was a cracker with Santa and his elf arriving on the IRB. We look forward to seeing you all on the beach again on January 14th!





Carnival Season Coming Up

Looking ahead into the New Year we have a number of carnivals coming up with the first two right here at Pāpāmoa Beach. The first one is on 7th January for our under 11 and above kids – the BOP Junior Surf Carnival. Then we have our own Pāpāmoa Junior Surf Carnival for under 8s and above on 21st January.

If you've not received an invite to these events, please check your junk mail and any issues, please email info@papamoalifeguards.co.nz

Pāpāmoa Junior Surf Carnival

We're excited to be hosting our Junior Surf Carnival again this season for under 8s and above on 21st January 2024. This is an awesome teams-based event that puts the skills we have been practicing to the test. We would love to see heaps of registrations, so we can enter as many teams as possible. This is a great introduction to carnivals for our future surf sport athletes!

To run and manage this event we need lots of helpers, from setting up the beach in the morning, to helping run events, managing a team or pack up at the end of the day. Please let us know if you can help in any way by adding a note to your child's registration form.

For those kids not in under 8 groups or above, or who don't register for the carnival, please note there is NO normal Junior Surf on 21st January.



Papamoa SLSC Junior Surf

Keep Up To Date

Make sure you keep an eye on our <u>Junior Surf Facebook Group</u> page as this is where cancellations and regular updates will be posted throughout the season. You can also <u>CLICK HERE</u> to visit the Junior Surf page on our website for everything you need to know about Junior Surf.

A huge **THANK YOU** to our Junior Surf sponsors <u>Body In Motion</u> and <u>Mitre 10 Pāpāmoa</u>. We couldn't do this without you!!



THANK YOU **Body In Motion**



THANK YOU Mitre 10 Pāpāmoa

Have a safe and fun Christmas and please remember to always keep kids within arm's reach in the water and SWIM BETWEEN THE FLAGS

Thank you to our sponsors below who make all our programmes possible.







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